

Estimates of Resident Population Change and Rankings for Metropolitan Statistical Areas in the United States and Puerto Rico: July 1, 2018 to July 1, 2019

Geographic Area	Population Estimate		Change, 2018 to 2019		Rankings			
	July 1, 2018	July 1, 2019	Number	Percent	Population Estimate		Change, 2018 to 2019	
					July 1, 2018	July 1, 2019	Number	Percent
United States	326,687,501	328,239,523	1,552,022	0.5	(X)	(X)	(X)	(X)
In Metropolitan Statistical Area	281,282,516	282,828,515	1,545,999	0.5	(X)	(X)	(X)	(X)
Abilene, TX Metro Area	171,150	172,060	910	0.5	248	247	198	166
Akron, OH Metro Area	703,855	703,479	-376	-0.1	82	82	300	276
Albany, GA Metro Area	147,840	146,726	-1,114	-0.8	284	287	343	366
Albany-Lebanon, OR Metro Area	127,451	129,749	2,298	1.8	314	312	131	28
Albany-Schenectady-Troy, NY Metro Area	882,263	880,381	-1,882	-0.2	63	63	361	308
Albuquerque, NM Metro Area	914,947	918,018	3,071	0.3	60	61	108	202
Alexandria, LA Metro Area	152,762	152,037	-725	-0.5	272	275	320	345
Allentown-Bethlehem-Easton, PA-NJ Metro Area	842,626	844,052	1,426	0.2	69	70	158	241
Altoona, PA Metro Area	122,503	121,829	-674	-0.6	326	328	318	352
Amarillo, TX Metro Area	264,406	265,053	647	0.2	184	185	211	225
Ames, IA Metro Area	123,093	123,351	258	0.2	324	323	254	234
Anchorage, AK Metro Area	397,636	396,317	-1,319	-0.3	137	137	349	331
Ann Arbor, MI Metro Area	369,483	367,601	-1,882	-0.5	146	147	361	347
Anniston-Oxford, AL Metro Area	114,331	113,605	-726	-0.6	337	338	321	357
Appleton, WI Metro Area	237,011	237,974	963	0.4	195	195	190	185
Asheville, NC Metro Area	459,314	462,680	3,366	0.7	119	119	101	135
Athens-Clarke County, GA Metro Area	211,468	213,750	2,282	1.1	213	212	132	86
Atlanta-Sandy Springs-Alpharetta, GA Metro Area	5,945,303	6,020,364	75,061	1.3	9	9	4	71
Atlantic City-Hammonton, NJ Metro Area	263,989	263,670	-319	-0.1	185	187	294	291
Auburn-Opelika, AL Metro Area	163,656	164,542	886	0.5	259	261	199	164
Augusta-Richmond County, GA-SC Metro Area	604,221	608,980	4,759	0.8	95	95	77	123
Austin-Round Rock-Georgetown, TX Metro Area	2,165,497	2,227,083	61,586	2.8	30	29	5	6
Bakersfield, CA Metro Area	893,758	900,202	6,444	0.7	62	62	62	137
Baltimore-Columbia-Towson, MD Metro Area	2,800,743	2,800,053	-690	-	21	21	319	272
Bangor, ME Metro Area	151,817	152,148	331	0.2	274	274	244	231
Barnstable Town, MA Metro Area	213,471	212,990	-481	-0.2	211	213	307	311
Baton Rouge, LA Metro Area	854,526	854,884	358	-	67	66	241	264
Battle Creek, MI Metro Area	134,049	134,159	110	0.1	305	306	263	258
Bay City, MI Metro Area	103,702	103,126	-576	-0.6	349	350	312	353
Beaumont-Port Arthur, TX Metro Area	393,815	392,563	-1,252	-0.3	139	140	345	329
Beckley, WV Metro Area	117,154	115,767	-1,387	-1.2	334	335	351	376
Bellingham, WA Metro Area	225,197	229,247	4,050	1.8	203	201	90	30
Bend, OR Metro Area	191,905	197,692	5,787	3.0	227	226	67	4
Billings, MT Metro Area	180,203	181,667	1,464	0.8	234	233	156	120
Binghamton, NY Metro Area	240,366	238,691	-1,675	-0.7	194	194	355	362
Birmingham-Hoover, AL Metro Area	1,087,967	1,090,435	2,468	0.2	50	50	125	229
Bismarck, ND Metro Area	128,279	128,949	670	0.5	312	314	210	168
Blacksburg-Christiansburg, VA Metro Area	167,492	167,531	39	-	255	257	268	268
Bloomington, IL Metro Area	172,410	171,517	-893	-0.5	246	249	330	350
Bloomington, IN Metro Area	168,092	169,230	1,138	0.7	254	253	176	146
Bloomsburg-Berwick, PA Metro Area	83,455	83,194	-261	-0.3	372	373	288	327
Boise City, ID Metro Area	728,911	749,202	20,291	2.8	80	78	22	8
Boston-Cambridge-Newton, MA-NH Metro Area	4,859,536	4,873,019	13,483	0.3	10	11	34	219
Boulder, CO Metro Area	324,636	326,196	1,560	0.5	155	155	151	171
Bowling Green, KY Metro Area	176,864	179,240	2,376	1.3	242	239	129	60
Bremerton-Silverdale-Port Orchard, WA Metro Area	269,276	271,473	2,197	0.8	181	180	135	117

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Bridgeport-Stamford-Norwalk, CT Metro Area	943,971	943,332	-639	-0.1	58	59	316	280
Brownsville-Harlingen, TX Metro Area	422,139	423,163	1,024	0.2	128	128	183	227
Brunswick, GA Metro Area	118,282	118,779	497	0.4	333	333	221	182
Buffalo-Cheektowaga, NY Metro Area	1,129,777	1,127,983	-1,794	-0.2	49	49	358	297
Burlington, NC Metro Area	166,514	169,509	2,995	1.8	258	251	111	29
Burlington-South Burlington, VT Metro Area	219,939	220,411	472	0.2	204	207	224	233
California-Lexington Park, MD Metro Area	112,720	113,510	790	0.7	340	339	201	141
Canton-Massillon, OH Metro Area	398,330	397,520	-810	-0.2	136	136	326	305
Cape Coral-Fort Myers, FL Metro Area	754,470	770,577	16,107	2.1	76	76	27	17
Cape Girardeau, MO-IL Metro Area	96,868	96,765	-103	-0.1	364	364	278	288
Carbondale-Marion, IL Metro Area	136,694	135,764	-930	-0.7	301	303	332	360
Carson City, NV Metro Area	55,202	55,916	714	1.3	384	384	207	65
Casper, WY Metro Area	79,175	79,858	683	0.9	378	378	208	109
Cedar Rapids, IA Metro Area	272,061	273,032	971	0.4	178	179	188	195
Chambersburg-Waynesboro, PA Metro Area	154,579	155,027	448	0.3	268	268	228	214
Champaign-Urbana, IL Metro Area	226,284	226,033	-251	-0.1	202	202	286	289
Charleston, WV Metro Area	260,280	257,074	-3,206	-1.2	189	189	375	379
Charleston-North Charleston, SC Metro Area	788,122	802,122	14,000	1.8	74	74	32	33
Charlotte-Concord-Gastonia, NC-SC Metro Area	2,592,950	2,636,883	43,933	1.7	22	22	7	38
Charlottesville, VA Metro Area	217,335	218,615	1,280	0.6	209	209	164	157
Chattanooga, TN-GA Metro Area	560,832	565,194	4,362	0.8	99	100	83	126
Cheyenne, WY Metro Area	98,865	99,500	635	0.6	359	358	212	151
Chicago-Naperville-Elgin, IL-IN-WI Metro Area	9,484,158	9,458,539	-25,619	-0.3	3	3	382	324
Chico, CA Metro Area	230,339	219,186	-11,153	-4.8	199	208	380	383
Cincinnati, OH-KY-IN Metro Area	2,211,936	2,221,208	9,272	0.4	29	30	45	183
Clarksville, TN-KY Metro Area	304,301	307,820	3,519	1.2	165	164	97	78
Cleveland, TN Metro Area	123,968	124,942	974	0.8	322	320	187	125
Cleveland-Elyria, OH Metro Area	2,053,795	2,048,449	-5,346	-0.3	33	34	379	322
Coeur d'Alene, ID Metro Area	161,209	165,697	4,488	2.8	264	260	78	7
College Station-Bryan, TX Metro Area	261,335	264,728	3,393	1.3	188	186	100	63
Colorado Springs, CO Metro Area	737,202	745,791	8,589	1.2	79	79	48	77
Columbia, MO Metro Area	206,746	208,173	1,427	0.7	218	216	157	143
Columbia, SC Metro Area	831,690	838,433	6,743	0.8	71	71	58	121
Columbus, GA-AL Metro Area	318,211	321,048	2,837	0.9	159	160	116	107
Columbus, IN Metro Area	82,722	83,779	1,057	1.3	374	371	181	69
Columbus, OH Metro Area	2,104,194	2,122,271	18,077	0.9	32	32	25	111
Corpus Christi, TX Metro Area	428,697	429,024	327	0.1	127	127	246	259
Corvallis, OR Metro Area	92,442	93,053	611	0.7	367	366	214	148
Crestview-Fort Walton Beach-Destin, FL Metro Area	277,666	284,809	7,143	2.6	174	173	56	11
Cumberland, MD-WV Metro Area	97,894	97,284	-610	-0.6	362	362	314	356
Dallas-Fort Worth-Arlington, TX Metro Area	7,455,756	7,573,136	117,380	1.6	4	4	1	44
Dalton, GA Metro Area	144,192	144,724	532	0.4	289	289	219	192
Danville, IL Metro Area	76,702	75,758	-944	-1.2	379	379	333	378
Daphne-Fairhope-Foley, AL Metro Area	217,855	223,234	5,379	2.5	208	203	72	13
Davenport-Moline-Rock Island, IA-IL Metro Area	380,044	379,172	-872	-0.2	142	144	328	313
Dayton-Kettering, OH Metro Area	805,088	807,611	2,523	0.3	73	73	121	207
Decatur, AL Metro Area	152,144	152,603	459	0.3	273	273	226	210
Decatur, IL Metro Area	104,504	104,009	-495	-0.5	348	348	309	344

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Deltona-Daytona Beach-Ormond Beach, FL Metro Area	658,186	668,365	10,179	1.5	89	88	40	48
Denver-Aurora-Lakewood, CO Metro Area	2,931,665	2,967,239	35,574	1.2	19	19	12	74
Des Moines-West Des Moines, IA Metro Area	690,915	699,292	8,377	1.2	84	83	50	75
Detroit-Warren-Dearborn, MI Metro Area	4,322,084	4,319,629	-2,455	-0.1	14	14	368	277
Dothan, AL Metro Area	148,249	149,358	1,109	0.7	283	283	179	133
Dover, DE Metro Area	178,540	180,786	2,246	1.3	238	235	133	72
Dubuque, IA Metro Area	96,922	97,311	389	0.4	363	361	236	186
Duluth, MN-WI Metro Area	289,260	288,732	-528	-0.2	169	170	310	300
Durham-Chapel Hill, NC Metro Area	637,501	644,367	6,866	1.1	93	92	57	87
East Stroudsburg, PA Metro Area	169,294	170,271	977	0.6	250	250	186	159
Eau Claire, WI Metro Area	168,464	169,304	840	0.5	252	252	200	170
El Centro, CA Metro Area	181,523	181,215	-308	-0.2	233	234	292	298
Elizabethtown-Fort Knox, KY Metro Area	153,201	153,928	727	0.5	270	270	204	172
Elkhart-Goshen, IN Metro Area	205,617	206,341	724	0.4	219	219	205	196
Elmira, NY Metro Area	83,935	83,456	-479	-0.6	371	372	306	354
El Paso, TX Metro Area	841,613	844,124	2,511	0.3	70	69	123	211
Enid, OK Metro Area	61,095	61,056	-39	-0.1	382	382	271	279
Erie, PA Metro Area	271,544	269,728	-1,816	-0.7	179	181	359	359
Eugene-Springfield, OR Metro Area	378,549	382,067	3,518	0.9	143	143	98	101
Evansville, IN-KY Metro Area	314,660	315,086	426	0.1	161	162	231	250
Fairbanks, AK Metro Area	98,565	96,849	-1,716	-1.7	360	363	357	381
Fargo, ND-MN Metro Area	244,311	246,145	1,834	0.8	193	193	145	131
Farmington, NM Metro Area	125,499	123,958	-1,541	-1.2	319	322	354	377
Fayetteville, NC Metro Area	522,461	526,719	4,258	0.8	108	108	86	118
Fayetteville-Springdale-Rogers, AR Metro Area	525,239	534,904	9,665	1.8	107	107	43	24
Flagstaff, AZ Metro Area	142,523	143,476	953	0.7	291	291	192	147
Flint, MI Metro Area	406,688	405,813	-875	-0.2	134	134	329	309
Florence, SC Metro Area	205,036	204,911	-125	-0.1	220	220	280	278
Florence-Muscle Shoals, AL Metro Area	147,608	147,970	362	0.2	286	285	240	224
Fond du Lac, WI Metro Area	103,001	103,403	402	0.4	351	349	233	189
Fort Collins, CO Metro Area	350,660	356,899	6,239	1.8	151	150	64	32
Fort Smith, AR-OK Metro Area	250,298	250,368	70	-	192	192	266	266
Fort Wayne, IN Metro Area	409,126	413,263	4,137	1.0	133	133	88	92
Fresno, CA Metro Area	991,950	999,101	7,151	0.7	55	54	55	138
Gadsden, AL Metro Area	102,611	102,268	-343	-0.3	353	353	297	332
Gainesville, FL Metro Area	327,933	329,128	1,195	0.4	154	154	168	194
Gainesville, GA Metro Area	201,538	204,441	2,903	1.4	223	221	114	54
Gettysburg, PA Metro Area	103,062	103,009	-53	-0.1	350	351	273	275
Glens Falls, NY Metro Area	125,489	125,148	-341	-0.3	320	318	296	325
Goldsboro, NC Metro Area	123,237	123,131	-106	-0.1	323	324	279	285
Grand Forks, ND-MN Metro Area	101,766	100,815	-951	-0.9	355	356	334	373
Grand Island, NE Metro Area	75,476	75,553	77	0.1	380	380	265	256
Grand Junction, CO Metro Area	152,951	154,210	1,259	0.8	271	269	166	116
Grand Rapids-Kentwood, MI Metro Area	1,071,370	1,077,370	6,000	0.6	52	51	65	160
Grants Pass, OR Metro Area	87,150	87,487	337	0.4	370	370	243	190
Great Falls, MT Metro Area	81,688	81,366	-322	-0.4	376	376	295	337
Greeley, CO Metro Area	314,815	324,492	9,677	3.1	160	156	42	3
Green Bay, WI Metro Area	321,384	322,906	1,522	0.5	157	158	155	173

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Greensboro-High Point, NC Metro Area	766,473	771,851	5,378	0.7	75	75	73	140
Greenville, NC Metro Area	179,575	180,742	1,167	0.6	236	236	172	150
Greenville-Anderson, SC Metro Area	907,028	920,477	13,449	1.5	61	60	35	51
Gulfport-Biloxi, MS Metro Area	414,686	417,665	2,979	0.7	130	130	112	139
Hagerstown-Martinsburg, MD-WV Metro Area	285,722	288,104	2,382	0.8	171	171	128	113
Hammond, LA Metro Area	133,837	134,758	921	0.7	306	305	194	144
Hanford-Corcoran, CA Metro Area	151,382	152,940	1,558	1.0	276	272	152	90
Harrisburg-Carlisle, PA Metro Area	574,149	577,941	3,792	0.7	98	98	93	149
Harrisonburg, VA Metro Area	134,749	134,964	215	0.2	303	304	256	243
Hartford-East Hartford-Middletown, CT Metro Area	1,206,139	1,204,877	-1,262	-0.1	48	48	347	287
Hattiesburg, MS Metro Area	168,292	168,849	557	0.3	253	254	217	203
Hickory-Lenoir-Morganton, NC Metro Area	368,449	369,711	1,262	0.3	147	146	165	200
Hilton Head Island-Bluffton, SC Metro Area	218,023	222,195	4,172	1.9	207	204	87	22
Hinesville, GA Metro Area	79,697	80,994	1,297	1.6	377	377	161	43
Homosassa Springs, FL Metro Area	147,682	149,657	1,975	1.3	285	281	141	61
Hot Springs, AR Metro Area	98,966	99,386	420	0.4	358	359	232	179
Houma-Thibodaux, LA Metro Area	209,144	208,075	-1,069	-0.5	216	217	339	349
Houston-The Woodlands-Sugar Land, TX Metro Area	6,976,147	7,066,141	89,994	1.3	5	5	3	66
Huntington-Ashland, WV-KY-OH Metro Area	359,069	355,873	-3,196	-0.9	149	151	374	371
Huntsville, AL Metro Area	463,181	471,824	8,643	1.9	118	116	47	23
Idaho Falls, ID Metro Area	148,436	151,530	3,094	2.1	282	276	105	18
Indianapolis-Carmel-Anderson, IN Metro Area	2,052,368	2,074,537	22,169	1.1	34	33	20	85
Iowa City, IA Metro Area	172,607	173,105	498	0.3	245	246	220	215
Ithaca, NY Metro Area	102,419	102,180	-239	-0.2	354	354	284	314
Jackson, MI Metro Area	158,566	158,510	-56	-	265	266	274	274
Jackson, MS Metro Area	597,376	594,806	-2,570	-0.4	96	97	369	341
Jackson, TN Metro Area	178,315	178,644	329	0.2	240	240	245	238
Jacksonville, FL Metro Area	1,532,663	1,559,514	26,851	1.8	40	40	18	35
Jacksonville, NC Metro Area	196,915	197,938	1,023	0.5	225	225	184	169
Janesville-Beloit, WI Metro Area	162,874	163,354	480	0.3	261	262	223	212
Jefferson City, MO Metro Area	151,512	151,235	-277	-0.2	275	278	289	301
Johnson City, TN Metro Area	202,900	203,649	749	0.4	221	222	203	191
Johnstown, PA Metro Area	131,449	130,192	-1,257	-1.0	310	311	346	374
Jonesboro, AR Metro Area	132,719	133,860	1,141	0.9	308	308	175	110
Joplin, MO Metro Area	178,613	179,564	951	0.5	237	238	193	165
Kahului-Wailuku-Lahaina, HI Metro Area	166,972	167,417	445	0.3	257	258	229	221
Kalamazoo-Portage, MI Metro Area	264,680	265,066	386	0.1	183	184	237	246
Kankakee, IL Metro Area	109,953	109,862	-91	-0.1	344	344	276	282
Kansas City, MO-KS Metro Area	2,144,427	2,157,990	13,563	0.6	31	31	33	153
Kennewick-Richland, WA Metro Area	295,289	299,612	4,323	1.5	166	166	84	53
Killeen-Temple, TX Metro Area	451,272	460,303	9,031	2.0	120	120	46	20
Kingsport-Bristol, TN-VA Metro Area	306,736	307,202	466	0.2	164	165	225	244
Kingston, NY Metro Area	178,418	177,573	-845	-0.5	239	241	327	343
Knoxville, TN Metro Area	861,234	869,046	7,812	0.9	65	64	53	103
Kokomo, IN Metro Area	82,257	82,544	287	0.3	375	375	251	197
La Crosse-Onalaska, WI-MN Metro Area	136,613	136,616	3	-	302	301	269	269
Lafayette, LA Metro Area	489,680	489,207	-473	-0.1	112	114	305	286
Lafayette-West Lafayette, IN Metro Area	230,938	233,002	2,064	0.9	198	197	139	106

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Lake Charles, LA Metro Area	210,190	210,409	219	0.1	214	215	255	255
Lake Havasu City-Kingman, AZ Metro Area	209,292	212,181	2,889	1.4	215	214	115	58
Lakeland-Winter Haven, FL Metro Area	706,597	724,777	18,180	2.6	81	81	24	10
Lancaster, PA Metro Area	543,969	545,724	1,755	0.3	104	104	147	204
Lansing-East Lansing, MI Metro Area	548,674	550,391	1,717	0.3	102	103	149	208
Laredo, TX Metro Area	275,120	276,652	1,532	0.6	175	176	154	161
Las Cruces, NM Metro Area	217,278	218,195	917	0.4	210	210	195	181
Las Vegas-Henderson-Paradise, NV Metro Area	2,226,115	2,266,715	40,600	1.8	28	28	8	25
Lawrence, KS Metro Area	121,109	122,259	1,150	0.9	327	326	173	97
Lawton, OK Metro Area	126,348	126,415	67	0.1	316	315	267	263
Lebanon, PA Metro Area	141,339	141,793	454	0.3	293	295	227	205
Lewiston, ID-WA Metro Area	62,872	62,990	118	0.2	381	381	261	237
Lewiston-Auburn, ME Metro Area	107,914	108,277	363	0.3	346	346	239	201
Lexington-Fayette, KY Metro Area	514,938	517,056	2,118	0.4	109	109	137	184
Lima, OH Metro Area	102,725	102,351	-374	-0.4	352	352	299	333
Lincoln, NE Metro Area	333,800	336,374	2,574	0.8	153	152	119	127
Little Rock-North Little Rock-Conway, AR Metro Area	740,081	742,384	2,303	0.3	78	80	130	209
Logan, UT-ID Metro Area	140,104	142,165	2,061	1.5	296	293	140	52
Longview, TX Metro Area	285,315	286,657	1,342	0.5	172	172	160	175
Longview, WA Metro Area	108,752	110,593	1,841	1.7	345	342	144	39
Los Angeles-Long Beach-Anaheim, CA Metro Area	13,249,879	13,214,799	-35,080	-0.3	2	2	383	323
Louisville/Jefferson County, KY-IN Metro Area	1,262,023	1,265,108	3,085	0.2	46	46	107	226
Lubbock, TX Metro Area	319,239	322,257	3,018	0.9	158	159	109	98
Lynchburg, VA Metro Area	262,893	263,566	673	0.3	187	188	209	223
Macon-Bibb County, GA Metro Area	229,594	229,996	402	0.2	201	200	233	240
Madera, CA Metro Area	156,882	157,327	445	0.3	267	267	229	217
Madison, WI Metro Area	659,927	664,865	4,938	0.7	88	89	75	132
Manchester-Nashua, NH Metro Area	414,630	417,025	2,395	0.6	131	131	127	158
Manhattan, KS Metro Area	131,698	130,285	-1,413	-1.1	309	310	352	375
Mankato, MN Metro Area	101,577	101,927	350	0.3	356	355	242	199
Mansfield, OH Metro Area	120,987	121,154	167	0.1	328	329	259	247
McAllen-Edinburg-Mission, TX Metro Area	862,298	868,707	6,409	0.7	64	65	63	134
Medford, OR Metro Area	219,411	220,944	1,533	0.7	206	206	153	142
Memphis, TN-MS-AR Metro Area	1,342,497	1,346,045	3,548	0.3	43	43	95	222
Merced, CA Metro Area	274,151	277,680	3,529	1.3	176	175	96	67
Miami-Fort Lauderdale-Pompano Beach, FL Metro Area	6,143,837	6,166,488	22,651	0.4	7	7	19	193
Michigan City-La Porte, IN Metro Area	109,981	109,888	-93	-0.1	343	343	277	283
Midland, MI Metro Area	83,223	83,156	-67	-0.1	373	374	275	281
Midland, TX Metro Area	178,186	182,603	4,417	2.5	241	232	82	12
Milwaukee-Waukesha, WI Metro Area	1,573,995	1,575,179	1,184	0.1	39	39	171	260
Minneapolis-St. Paul-Bloomington, MN-WI Metro Area	3,610,061	3,640,043	29,982	0.8	16	16	15	114
Missoula, MT Metro Area	118,640	119,600	960	0.8	332	331	191	122
Mobile, AL Metro Area	430,310	429,536	-774	-0.2	126	126	324	299
Modesto, CA Metro Area	548,126	550,660	2,534	0.5	103	102	120	176
Monroe, LA Metro Area	202,138	200,261	-1,877	-0.9	222	224	360	372
Monroe, MI Metro Area	150,174	150,500	326	0.2	279	279	247	232
Montgomery, AL Metro Area	373,022	373,290	268	0.1	145	145	253	261
Morgantown, WV Metro Area	139,204	139,044	-160	-0.1	299	298	281	290

Estimates of Resident Population Change and Rankings for Metropolitan Statistical Areas in the United States and Puerto Rico: July 1, 2018 to July 1, 2019

Geographic Area	Population Estimate		Change, 2018 to 2019		Rankings			
	July 1, 2018	July 1, 2019	Number	Percent	Population Estimate		Change, 2018 to 2019	
					July 1, 2018	July 1, 2019	Number	Percent
Morristown, TN Metro Area	141,778	142,749	971	0.7	292	292	188	145
Mount Vernon-Anacortes, WA Metro Area	127,835	129,205	1,370	1.1	313	313	159	88
Muncie, IN Metro Area	114,297	114,135	-162	-0.1	338	337	282	295
Muskegon, MI Metro Area	173,599	173,566	-33	-	244	245	270	270
Myrtle Beach-Conway-North Myrtle Beach, SC-NC Metro Area	480,985	496,901	15,916	3.3	114	111	28	2
Napa, CA Metro Area	138,789	137,744	-1,045	-0.8	300	300	337	365
Naples-Marco Island, FL Metro Area	378,201	384,902	6,701	1.8	144	142	60	34
Nashville-Davidson--Murfreesboro--Franklin, TN Metro Area	1,904,726	1,934,317	29,591	1.6	36	36	16	47
New Bern, NC Metro Area	124,584	124,284	-300	-0.2	321	321	291	316
New Haven-Milford, CT Metro Area	856,971	854,757	-2,214	-0.3	66	67	367	320
New Orleans-Metairie, LA Metro Area	1,270,133	1,270,530	397	-	45	45	235	265
New York-Newark-Jersey City, NY-NJ-PA Metro Area	19,276,644	19,216,182	-60,462	-0.3	1	1	384	328
Niles, MI Metro Area	153,790	153,401	-389	-0.3	269	271	301	319
North Port-Sarasota-Bradenton, FL Metro Area	820,716	836,995	16,279	2.0	72	72	26	21
Norwich-New London, CT Metro Area	266,285	265,206	-1,079	-0.4	182	183	340	339
Ocala, FL Metro Area	359,062	365,579	6,517	1.8	150	149	61	26
Ocean City, NJ Metro Area	92,446	92,039	-407	-0.4	366	367	302	342
Odessa, TX Metro Area	161,960	166,223	4,263	2.6	263	259	85	9
Ogden-Clearfield, UT Metro Area	673,660	683,864	10,204	1.5	86	85	39	50
Oklahoma City, OK Metro Area	1,393,605	1,408,950	15,345	1.1	41	41	29	83
Olympia-Lacey-Tumwater, WA Metro Area	286,056	290,536	4,480	1.6	170	168	79	45
Omaha-Council Bluffs, NE-IA Metro Area	940,970	949,442	8,472	0.9	59	57	49	104
Orlando-Kissimmee-Sanford, FL Metro Area	2,574,838	2,608,147	33,309	1.3	23	23	13	64
Oshkosh-Neenah, WI Metro Area	170,878	171,907	1,029	0.6	249	248	182	155
Owensboro, KY Metro Area	118,879	119,440	561	0.5	331	332	216	174
Oxnard-Thousand Oaks-Ventura, CA Metro Area	848,142	846,006	-2,136	-0.3	68	68	365	318
Palm Bay-Melbourne-Titusville, FL Metro Area	595,203	601,942	6,739	1.1	97	96	59	81
Panama City, FL Metro Area	186,240	174,705	-11,535	-6.2	230	244	381	384
Parkersburg-Vienna, WV Metro Area	89,991	89,339	-652	-0.7	368	368	317	363
Pensacola-Ferry Pass-Brent, FL Metro Area	494,399	502,629	8,230	1.7	111	110	51	42
Peoria, IL Metro Area	403,328	400,561	-2,767	-0.7	135	135	372	361
Philadelphia-Camden-Wilmington, PA-NJ-DE-MD Metro Area	6,091,208	6,102,434	11,226	0.2	8	8	36	239
Phoenix-Mesa-Chandler, AZ Metro Area	4,849,209	4,948,203	98,994	2.0	11	10	2	19
Pine Bluff, AR Metro Area	89,246	87,804	-1,442	-1.6	369	369	353	380
Pittsburgh, PA Metro Area	2,322,653	2,317,600	-5,053	-0.2	27	27	377	310
Pittsfield, MA Metro Area	125,901	124,944	-957	-0.8	318	319	335	367
Pocatello, ID Metro Area	94,374	95,489	1,115	1.2	365	365	178	76
Portland-South Portland, ME Metro Area	535,232	538,500	3,268	0.6	106	105	103	154
Portland-Vancouver-Hillsboro, OR-WA Metro Area	2,473,350	2,492,412	19,062	0.8	25	25	23	128
Port St. Lucie, FL Metro Area	481,167	489,297	8,130	1.7	113	113	52	40
Poughkeepsie-Newburgh-Middletown, NY Metro Area	676,065	679,158	3,093	0.5	85	86	106	177
Prescott Valley-Prescott, AZ Metro Area	231,772	235,099	3,327	1.4	197	196	102	55
Providence-Warwick, RI-MA Metro Area	1,622,379	1,624,578	2,199	0.1	38	38	134	249
Provo-Orem, UT Metro Area	633,149	648,252	15,103	2.4	94	91	30	14
Pueblo, CO Metro Area	167,422	168,424	1,002	0.6	256	256	185	156
Punta Gorda, FL Metro Area	184,849	188,910	4,061	2.2	231	229	89	15
Racine, WI Metro Area	196,357	196,311	-46	-	226	227	272	271
Raleigh-Cary, NC Metro Area	1,361,590	1,390,785	29,195	2.1	42	42	17	16

Estimates of Resident Population Change and Rankings for Metropolitan Statistical Areas in the United States and Puerto Rico: July 1, 2018 to July 1, 2019

Geographic Area	Population Estimate		Change, 2018 to 2019		Rankings			
	July 1, 2018	July 1, 2019	Number	Percent	Population Estimate		Change, 2018 to 2019	
					July 1, 2018	July 1, 2019	Number	Percent
Rapid City, SD Metro Area	140,154	142,107	1,953	1.4	294	294	142	57
Reading, PA Metro Area	420,529	421,164	635	0.2	129	129	212	245
Redding, CA Metro Area	179,709	180,080	371	0.2	235	237	238	235
Reno, NV Metro Area	468,335	475,642	7,307	1.6	115	115	54	46
Richmond, VA Metro Area	1,281,053	1,291,900	10,847	0.8	44	44	37	112
Riverside-San Bernardino-Ontario, CA Metro Area	4,612,542	4,650,631	38,089	0.8	13	13	11	115
Roanoke, VA Metro Area	313,033	313,222	189	0.1	163	163	258	262
Rochester, MN Metro Area	219,814	221,921	2,107	1.0	205	205	138	96
Rochester, NY Metro Area	1,071,621	1,069,644	-1,977	-0.2	51	52	363	302
Rockford, IL Metro Area	337,110	336,116	-994	-0.3	152	153	336	326
Rocky Mount, NC Metro Area	146,078	145,770	-308	-0.2	288	288	292	307
Rome, GA Metro Area	97,964	98,498	534	0.5	361	360	218	163
Sacramento-Roseville-Folsom, CA Metro Area	2,341,940	2,363,730	21,790	0.9	26	26	21	100
Saginaw, MI Metro Area	190,791	190,539	-252	-0.1	228	228	287	293
St. Cloud, MN Metro Area	200,166	201,964	1,798	0.9	224	223	146	105
St. George, UT Metro Area	171,567	177,556	5,989	3.5	247	242	66	1
St. Joseph, MO-KS Metro Area	125,998	125,223	-775	-0.6	317	317	325	355
St. Louis, MO-IL Metro Area	2,803,958	2,803,228	-730	-	20	20	322	273
Salem, OR Metro Area	430,404	433,903	3,499	0.8	125	125	99	119
Salinas, CA Metro Area	433,950	434,061	111	-	124	124	262	267
Salisbury, MD-DE Metro Area	409,999	415,726	5,727	1.4	132	132	68	56
Salt Lake City, UT Metro Area	1,218,681	1,232,696	14,015	1.2	47	47	31	79
San Angelo, TX Metro Area	120,834	122,027	1,193	1.0	329	327	170	95
San Antonio-New Braunfels, TX Metro Area	2,512,379	2,550,960	38,581	1.5	24	24	10	49
San Diego-Chula Vista-Carlsbad, CA Metro Area	3,333,861	3,338,330	4,469	0.1	17	17	80	251
San Francisco-Oakland-Berkeley, CA Metro Area	4,726,314	4,731,803	5,489	0.1	12	12	71	254
San Jose-Sunnyvale-Santa Clara, CA Metro Area	1,993,804	1,990,660	-3,144	-0.2	35	35	373	296
San Luis Obispo-Paso Robles, CA Metro Area	283,354	283,111	-243	-0.1	173	174	285	284
Santa Cruz-Watsonville, CA Metro Area	273,841	273,213	-628	-0.2	177	178	315	312
Santa Fe, NM Metro Area	149,761	150,358	597	0.4	280	280	215	188
Santa Maria-Santa Barbara, CA Metro Area	445,780	446,499	719	0.2	122	123	206	242
Santa Rosa-Petaluma, CA Metro Area	498,643	494,336	-4,307	-0.9	110	112	376	370
Savannah, GA Metro Area	389,453	393,353	3,900	1.0	140	139	92	93
Scranton--Wilkes-Barre, PA Metro Area	555,215	553,885	-1,330	-0.2	101	101	350	315
Seattle-Tacoma-Bellevue, WA Metro Area	3,935,179	3,979,845	44,666	1.1	15	15	6	80
Sebastian-Vero Beach, FL Metro Area	157,187	159,923	2,736	1.7	266	265	117	36
Sebring-Avon Park, FL Metro Area	104,933	106,221	1,288	1.2	347	347	163	73
Sheboygan, WI Metro Area	115,233	115,340	107	0.1	336	336	264	257
Sherman-Denison, TX Metro Area	133,787	136,212	2,425	1.8	307	302	126	27
Shreveport-Bossier City, LA Metro Area	397,281	394,706	-2,575	-0.6	138	138	370	358
Sierra Vista-Douglas, AZ Metro Area	126,411	125,922	-489	-0.4	315	316	308	334
Sioux City, IA-NE-SD Metro Area	143,787	144,701	914	0.6	290	290	197	152
Sioux Falls, SD Metro Area	263,810	268,232	4,422	1.7	186	182	81	41
South Bend-Mishawaka, IN-MI Metro Area	322,697	323,613	916	0.3	156	157	196	216
Spartanburg, SC Metro Area	314,137	319,785	5,648	1.8	162	161	69	31
Spokane-Spokane Valley, WA Metro Area	558,827	568,521	9,694	1.7	100	99	41	37
Springfield, IL Metro Area	207,928	206,868	-1,060	-0.5	217	218	338	348
Springfield, MA Metro Area	700,138	697,382	-2,756	-0.4	83	84	371	336

Estimates of Resident Population Change and Rankings for Metropolitan Statistical Areas in the United States and Puerto Rico: July 1, 2018 to July 1, 2019

Geographic Area	Population Estimate		Change, 2018 to 2019		Rankings			
	July 1, 2018	July 1, 2019	Number	Percent	Population Estimate		Change, 2018 to 2019	
					July 1, 2018	July 1, 2019	Number	Percent
Springfield, MO Metro Area	466,273	470,300	4,027	0.9	116	117	91	108
Springfield, OH Metro Area	134,528	134,083	-445	-0.3	304	307	304	330
State College, PA Metro Area	162,601	162,385	-216	-0.1	262	264	283	294
Staunton, VA Metro Area	122,628	123,120	492	0.4	325	325	222	187
Stockton, CA Metro Area	752,491	762,148	9,657	1.3	77	77	44	68
Sumter, SC Metro Area	140,151	140,466	315	0.2	295	297	248	230
Syracuse, NY Metro Area	650,281	648,593	-1,688	-0.3	90	90	356	321
Tallahassee, FL Metro Area	384,318	387,227	2,909	0.8	141	141	113	130
Tampa-St. Petersburg-Clearwater, FL Metro Area	3,154,649	3,194,831	40,182	1.3	18	18	9	70
Terre Haute, IN Metro Area	186,726	186,367	-359	-0.2	229	230	298	303
Texarkana, TX-AR Metro Area	149,347	148,761	-586	-0.4	281	284	313	335
The Villages, FL Metro Area	128,719	132,420	3,701	2.9	311	309	94	5
Toledo, OH Metro Area	643,089	641,816	-1,273	-0.2	91	93	348	304
Topeka, KS Metro Area	232,266	231,969	-297	-0.1	196	199	290	292
Trenton-Princeton, NJ Metro Area	368,188	367,430	-758	-0.2	148	148	323	306
Tucson, AZ Metro Area	1,036,554	1,047,279	10,725	1.0	53	53	38	89
Tulsa, OK Metro Area	993,135	998,626	5,491	0.6	54	55	70	162
Tuscaloosa, AL Metro Area	251,257	252,047	790	0.3	190	190	201	206
Twin Falls, ID Metro Area	110,095	111,290	1,195	1.1	342	341	168	84
Tyler, TX Metro Area	229,749	232,751	3,002	1.3	200	198	110	62
Urban Honolulu, HI Metro Area	979,858	974,563	-5,295	-0.5	56	56	378	351
Utica-Rome, NY Metro Area	291,187	289,990	-1,197	-0.4	168	169	344	340
Valdosta, GA Metro Area	146,143	147,292	1,149	0.8	287	286	174	124
Vallejo, CA Metro Area	445,725	447,643	1,918	0.4	123	122	143	178
Victoria, TX Metro Area	99,466	99,742	276	0.3	357	357	252	218
Vineland-Bridgeton, NJ Metro Area	150,635	149,527	-1,108	-0.7	278	282	341	364
Virginia Beach-Norfolk-Newport News, VA-NC Metro Area	1,763,713	1,768,901	5,188	0.3	37	37	74	213
Visalia, CA Metro Area	464,589	466,195	1,606	0.3	117	118	150	198
Waco, TX Metro Area	271,427	273,920	2,493	0.9	180	177	124	102
Walla Walla, WA Metro Area	60,615	60,760	145	0.2	383	383	260	228
Warner Robins, GA Metro Area	182,886	185,409	2,523	1.4	232	231	121	59
Washington-Arlington-Alexandria, DC-VA-MD-WV Metro Area	6,247,841	6,280,487	32,646	0.5	6	6	14	167
Waterloo-Cedar Falls, IA Metro Area	168,936	168,522	-414	-0.2	251	255	303	317
Watertown-Fort Drum, NY Metro Area	111,866	109,834	-2,032	-1.8	341	345	364	382
Wausau-Weston, WI Metro Area	163,094	163,285	191	0.1	260	263	257	253
Weirton-Steubenville, WV-OH Metro Area	116,982	116,074	-908	-0.8	335	334	331	368
Wenatchee, WA Metro Area	119,501	120,629	1,128	0.9	330	330	177	99
Wheeling, WV-OH Metro Area	140,059	138,948	-1,111	-0.8	297	299	342	369
Wichita, KS Metro Area	637,519	640,218	2,699	0.4	92	94	118	180
Wichita Falls, TX Metro Area	150,955	151,254	299	0.2	277	277	250	236
Williamsport, PA Metro Area	113,866	113,299	-567	-0.5	339	340	311	346
Wilmington, NC Metro Area	294,273	297,533	3,260	1.1	167	167	104	82
Winchester, VA-WV Metro Area	139,492	140,566	1,074	0.8	298	296	180	129
Winston-Salem, NC Metro Area	671,129	676,008	4,879	0.7	87	87	76	136
Worcester, MA-CT Metro Area	946,113	947,404	1,291	0.1	57	58	162	248
Yakima, WA Metro Area	250,562	250,873	311	0.1	191	191	249	252
York-Hanover, PA Metro Area	447,847	449,058	1,211	0.3	121	121	167	220
Youngstown-Warren-Boardman, OH-PA Metro Area	538,226	536,081	-2,145	-0.4	105	106	366	338

Estimates of Resident Population Change and Rankings for Metropolitan Statistical Areas in the United States and Puerto Rico: July 1, 2018 to July 1, 2019

Geographic Area	Population Estimate		Change, 2018 to 2019		Rankings			
	July 1, 2018	July 1, 2019	Number	Percent	Population Estimate		Change, 2018 to 2019	
					July 1, 2018	July 1, 2019	Number	Percent
Yuba City, CA Metro Area	173,905	175,639	1,734	1.0	243	243	148	94
Yuma, AZ Metro Area	211,612	213,787	2,175	1.0	212	211	136	91
Puerto Rico	3,193,354	3,193,694	340	-	(X)	(X)	(X)	(X)
In Metropolitan Statistical Area	3,077,938	3,077,600	-338	-	(X)	(X)	(X)	(X)
Aguadilla-Isabela, PR Metro Area	289,594	289,289	-305	-0.1	2	2	5	5
Arecibo, PR Metro Area	174,200	174,606	406	0.2	4	4	2	3
Guayama, PR Metro Area	72,738	72,914	176	0.2	8	8	4	2
Mayagüez, PR Metro Area	95,378	94,975	-403	-0.4	6	6	6	6
Ponce, PR Metro Area	216,312	215,295	-1,017	-0.5	3	3	8	7
San Germán, PR Metro Area	121,080	121,464	384	0.3	5	5	3	1
San Juan-Bayamón-Caguas, PR Metro Area	2,022,139	2,023,227	1,088	0.1	1	1	1	4
Yauco, PR Metro Area	86,497	85,830	-667	-0.8	7	7	7	8

(X) Not applicable.

Dash (-) represents zero or rounds to zero.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. The Office of Management and Budget's statistical area delineations for metropolitan, micropolitan, and combined statistical areas, as well as metropolitan divisions, are those issued by that agency in September 2018. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

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Source: U.S. Census Bureau, Population Division

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