

Estimates of the Components of Resident Population Change for Metropolitan Statistical Areas in the United States: April 1, 2010 to July 1, 2019

Geographic Area	Cumulative Estimates of the Components of Population Change							Annual Estimates of the Components of Population Change						
	April 1, 2010 to July 1, 2019							July 1, 2018 to July 1, 2019						
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		
Births			Deaths	Total	International <sup>2</sup>	Domestic	Births			Deaths	Total	International <sup>2</sup>	Domestic	
<b>United States</b>	<b>19,481,418</b>	<b>11,621,558</b>	<b>36,275,313</b>	<b>24,653,755</b>	<b>7,859,860</b>	<b>7,859,860</b>	<b>0</b>	<b>1,552,022</b>	<b>956,674</b>	<b>3,791,712</b>	<b>2,835,038</b>	<b>595,348</b>	<b>595,348</b>	<b>0</b>
<b>In Metropolitan Statistical Area</b>	<b>19,721,343</b>	<b>11,376,625</b>	<b>31,428,410</b>	<b>20,051,785</b>	<b>8,345,841</b>	<b>7,556,506</b>	<b>789,335</b>	<b>1,545,999</b>	<b>957,629</b>	<b>3,292,285</b>	<b>2,334,656</b>	<b>587,761</b>	<b>573,280</b>	<b>14,481</b>
Abilene, TX Metro Area	6,808	6,432	21,881	15,449	431	3,167	-2,736	910	609	2,361	1,752	310	220	90
Akron, OH Metro Area	283	3,307	69,159	65,852	-2,597	13,086	-15,683	-376	0	7,196	7,196	-354	836	-1,190
Albany, GA Metro Area	-7,307	5,423	18,764	13,341	-12,853	865	-13,718	-1,114	350	1,891	1,541	-1,465	51	-1,516
Albany-Lebanon, OR Metro Area	13,068	2,217	13,642	11,425	10,883	204	10,679	2,298	202	1,512	1,310	2,087	21	2,066
Albany-Schenectady-Troy, NY Metro Area	9,668	11,001	83,501	72,500	-858	16,398	-17,256	-1,882	469	8,704	8,235	-2,342	1,033	-3,375
Albuquerque, NM Metro Area	30,955	28,587	95,682	67,095	2,884	11,273	-8,389	3,071	1,577	9,520	7,943	1,541	753	788
Alexandria, LA Metro Area	-1,881	3,625	18,768	15,143	-5,434	657	-6,091	-725	250	1,875	1,625	-976	15	-991
Allentown-Bethlehem-Easton, PA-NJ Metro Area	22,779	4,407	78,967	74,560	18,984	24,110	-5,126	1,426	453	8,556	8,103	1,008	1,200	-192
Altoona, PA Metro Area	-5,288	-3,044	11,809	14,853	-2,137	266	-2,403	-473	1,146	1,619	-195	30	30	-225
Amarillo, TX Metro Area	13,118	12,500	33,935	21,435	497	6,326	-5,829	647	990	3,314	2,324	-342	482	-824
Ames, IA Metro Area	7,501	3,771	11,201	7,430	3,706	6,347	-2,641	258	324	1,140	816	-69	340	-409
Anchorage, AK Metro Area	15,496	33,779	54,430	20,651	-18,670	9,059	-27,729	-1,319	2,798	5,291	2,493	-4,126	380	-4,506
Ann Arbor, MI Metro Area	22,438	13,531	33,966	20,435	9,093	18,202	-9,109	-1,882	1,025	3,473	2,448	-2,938	1,160	-4,098
Anniston-Oxford, AL Metro Area	-4,921	-926	12,345	13,271	-3,943	554	-4,497	-263	1,269	1,532	-461	14	14	-475
Appleton, WI Metro Area	12,307	10,484	25,919	15,435	1,991	1,718	273	963	982	2,658	1,676	-10	117	-127
Asheville, NC Metro Area	37,817	-4,461	40,584	45,045	41,934	901	41,033	3,366	-868	4,264	5,132	4,224	84	4,140
Athens-Clarke County, GA Metro Area	21,183	7,664	20,479	12,815	13,387	4,305	9,082	2,282	661	2,178	1,517	1,628	352	1,276
Atlanta-Sandy Springs-Alpharetta, GA Metro Area	733,646	343,765	673,437	329,672	389,077	144,048	245,029	75,061	31,449	72,487	41,038	43,584	12,541	31,043
Atlantic City-Hammonton, NJ Metro Area	-10,855	3,762	28,213	24,451	-14,717	7,275	-21,992	-319	-75	2,718	2,793	-236	271	-507
Auburn-Opelika, AL Metro Area	24,255	7,301	16,800	9,499	16,776	4,442	12,334	886	692	1,825	1,133	191	303	-112
Augusta-Richmond County, GA-SC Metro Area	44,087	19,584	68,807	49,223	24,442	5,614	18,828	4,759	1,519	7,311	5,792	3,252	289	2,963
Austin-Round Rock-Georgetown, TX Metro Area	510,760	149,806	239,673	89,867	355,902	62,740	293,162	61,586	14,670	26,115	11,445	46,614	5,280	41,334
Bakersfield, CA Metro Area	60,581	74,264	128,382	54,118	-13,469	7,091	-20,560	6,444	6,666	13,144	6,478	-210	81	-291
Baltimore-Columbia-Towson, MD Metro Area	89,455	85,415	309,615	224,200	5,900	63,529	-57,629	-690	5,871	32,143	26,272	-6,487	4,412	-10,899
Bangor, ME Metro Area	-1,783	-1,025	13,391	14,416	-654	829	-1,483	331	-216	1,378	1,594	553	62	491
Barnstable Town, MA Metro Area	-2,890	-12,324	14,442	26,766	9,657	3,193	6,464	-481	-1,393	1,524	2,917	933	317	616
Baton Rouge, LA Metro Area	28,967	39,336	104,150	64,814	-10,415	7,906	-18,321	358	3,326	10,800	7,474	-2,986	653	-3,639
Battle Creek, MI Metro Area	-1,991	1,283	15,001	13,718	-3,249	2,544	-5,793	110	102	1,497	1,395	14	19	-184
Bay City, MI Metro Area	-4,647	-1,418	9,713	11,131	-3,171	186	-3,357	-576	-182	981	1,163	-389	45	-384
Beaumont-Port Arthur, TX Metro Area	3,814	12,241	49,027	36,786	-8,395	5,360	-13,755	-1,252	925	4,998	4,073	-2,183	353	-2,536
Beckley, WV Metro Area	-9,147	-2,917	12,607	15,524	-6,186	457	-6,643	0	-597	1,125	1,722	-10	-784	0
Bellingham, WA Metro Area	28,101	6,275	20,961	14,686	21,826	3,788	18,038	4,050	542	2,204	1,662	3,490	403	3,087
Bend, OR Metro Area	39,964	3,342	16,324	12,982	36,236	-263	36,499	5,787	309	1,857	1,548	5,446	-52	5,498
Billings, MT Metro Area	14,502	4,545	19,614	15,069	9,967	598	9,369	1,464	354	2,007	1,653	1,115	54	1,061
Binghamton, NY Metro Area	-13,033	-434	23,118	23,552	-12,668	3,636	-16,304	-1,675	-260	2,345	2,605	-1,420	239	-1,659
Birmingham-Hoover, AL Metro Area	29,396	26,658	126,000	99,342	3,387	8,320	-4,933	2,468	1,728	13,084	11,356	779	671	108
Bismarck, ND Metro Area	18,324	6,700	15,869	9,169	11,386	1,131	10,255	670	581	1,636	1,055	91	134	-43
Blacksburg-Christiansburg, VA Metro Area	4,571	962	13,760	12,798	3,636	5,090	-1,454	39	-13	1,422	1,435	51	283	-232
Bloomington, IL Metro Area	1,940	8,212	18,987	10,775	-6,357	6,019	-12,376	-893	631	1,877	1,246	-1,535	567	-2,102
Bloomington, IN Metro Area	9,695	3,249	13,902	10,653	6,496	9,088	-2,592	1,138	203	1,406	1,203	937	1,223	-286
Bloomsburg-Berwick, PA Metro Area	-2,361	-1,029	7,446	8,475	-1,264	514	-1,778	-261	-225	726	951	-30	8	-38
Boise City, ID Metro Area	132,636	36,840	78,969	42,129	95,236	6,060	89,176	20,291	3,522	8,479	4,957	16,684	-75	16,759
Boston-Cambridge-Newton, MA-NH Metro Area	320,424	141,612	475,777	334,165	182,147	285,199	-103,052	13,483	12,428	50,726	38,298	1,139	24,391	-23,252
Boston, MA Metro Division	143,859	63,607	201,427	137,820	81,556	132,497	-50,941	7,085	5,690	21,540	15,850	1,485	11,750	-10,265
Cambridge-Newton-Framingham, MA Metro Division	154,518	73,686	238,790	165,104	82,574	147,139	-64,565	4,080	6,503	25,360	18,857	-2,443	12,201	-14,644
Rockingham County-Strafford County, NH Metro Division	22,047	4,319	35,560	31,241	18,017	5,563	12,454	2,318	235	3,826	3,591	2,097	440	1,657
Boulder, CO Metro Area	31,636	10,172	26,198	16,026	21,441	8,470	12,971	1,560	674	2,609	1,935	896	938	-42
Bowling Green, KY Metro Area	20,627	5,949	19,566	13,617	14,662	4,654	10,008	2,376	697	2,228	1,531	1,677	107	1,570
Bremerton-Silverdale-Port Orchard, WA Metro Area	20,330	8,056	27,849	19,793	12,195	2,148	10,047	2,197	648	3,023	2,375	1,544	75	1,469
Bridgeport-Stamford-Norwalk, CT Metro Area	26,428	31,206	92,947	61,741	-4,739	44,863	-49,602	-639	2,643	9,603	6,960	-3,343	4,737	-8,080
Brownsville-Harlingen, TX Metro Area	16,948	41,223	65,142	23,919	-24,410	4,200	-28,610	1,024	3,414	6,202	2,788	-2,396	11	-2,407
Brunswick, GA Metro Area	6,394	1,334	12,065	10,731	5,067	503	4,564	497	-32	1,248	1,280	530	8	522
Buffalo-Cheektowaga, NY Metro Area	-7,631	-4	111,885	111,889	-6,892	24,110	-31,002	-1,794	-324	11,823	12,147	-1,444	1,339	-2,783
Burlington, NC Metro Area	18,354	2,158	16,914	14,756	16,212	701	15,511	2,995	330	1,976	1,646	2,655	67	2,588
Burlington-South Burlington, VT Metro Area	9,147	5,838	20,120	14,282	3,497	5,694	-2,197	472	487	2,087	1,600	-10	323	-333
California-Lexington Park, MD Metro Area	8,366	5,788	12,990	7,202	2,616	1,323	1,293	790	445	1,319	874	348	60	288
Canton-Massillon, OH Metro Area	-6,905	-503	40,730	41,233	-6,051	1,073	-7,124	-810	-141	4,254	4,395	-652	25	-677
Cape Coral-Fort Myers, FL Metro Area	151,822	-1,952	60,521	62,473	152,286	26,032	126,254	16,107	-1,190	6,760	7,950	-2,226	2,183	15,043
Cape Girardeau, MO-IL Metro Area	495	1,287	10,455	9,168	-771	1,220	-1,991	-103	132	1,080	948	-234	128	-362
Carbondale-Marion, IL Metro Area	-3,384	1,846	14,376	12,530	-5,323	2,432	-7,755	-930	22	1,431	1,409	-954	212	-1,166
Carson City, NV Metro Area	647	-1,018	5,427	6,445	1,641	-181	1,822	714	-39	598	637	752	-43	795
Casper, WY Metro Area	4,410	3,455	9,996	6,541	826	506	320	683	219	953	734	464	103	361
Cedar Rapids, IA Metro Area	15,084	10,308	30,195	19,887	4,995	3,145	1,850	971	948	3,214	2,266	36	185	-149
Chambersburg-Waynesboro, PA Metro Area	5,396	3,065	16,994	13,929	2,510	1,461	1,049	448	98	1,730	1,632	359	53	306

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	April 1, 2010 to July 1, 2019							July 1, 2018 to July 1, 2019						
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		
			Births	Deaths	Total	International <sup>2</sup>	Domestic			Births	Deaths	Total	International <sup>2</sup>	Domestic
Champaign-Urbana, IL Metro Area	8,227	10,012	23,441	13,429	-1,912	17,285	-19,197	-251	857	2,405	1,548	-1,125	1,607	-2,732
Charleston, WV Metro Area	-20,911	-5,096	27,559	32,655	-15,683	716	-16,399	-3,206	-920	2,631	3,551	-2,284	-25	-2,259
Charleston-North Charleston, SC Metro Area	137,477	34,811	86,195	51,384	101,288	8,231	93,057	14,000	2,824	9,350	6,526	11,128	788	10,340
Charlotte-Concord-Gastonia, NC-SC Metro Area	392,920	110,931	281,325	170,394	280,220	49,640	230,580	43,933	10,605	31,214	20,609	33,262	5,120	28,142
Charlottesville, VA Metro Area	17,046	5,913	20,988	15,075	11,220	6,113	5,107	1,280	564	2,290	1,726	719	332	387
Chattanooga, TN-GA Metro Area	37,068	7,014	58,213	51,199	30,065	3,828	26,237	4,362	336	6,274	5,938	4,019	424	3,595
Cheyenne, WY Metro Area	7,615	4,474	11,829	7,355	3,119	429	2,690	635	395	1,269	874	243	1	242
Chicago-Naperville-Elgin, IL-IN-WI Metro Area	-2,998	438,246	1,085,985	647,739	-441,506	197,093	-638,599	-25,619	33,924	108,425	74,501	-59,693	15,257	-74,950
Chicago-Naperville-Evanston, IL Metro Division	-25,583	341,807	832,923	491,116	-367,592	175,553	-543,145	-26,855	26,515	82,957	56,442	-53,518	13,873	-67,391
Elgin, IL Metro Division	31,002	47,553	87,955	40,402	-16,419	5,415	-21,834	1,504	4,056	8,829	4,773	-2,551	224	-2,775
Gary, IN Metro Division	-4,689	12,957	75,224	62,267	-17,439	2,256	-19,695	2,149	410	7,547	7,137	1,784	391	1,393
Lake County-Kenosha County, IL-WI Metro Division	-3,728	35,929	89,883	53,954	-40,056	13,869	-53,925	-2,417	2,943	9,092	6,149	-5,408	769	-6,177
Chico, CA Metro Area	819	782	22,527	21,745	-1,604	1,640	-3,244	-11,153	-105	2,422	2,527	-11,146	103	-11,249
Cincinnati, OH-KY-IN Metro Area	83,495	73,617	253,180	179,563	11,213	31,157	-19,944	9,272	6,613	26,892	20,279	2,740	1,547	1,193
Clarksville, TN-KY Metro Area	33,878	27,663	47,474	19,811	5,746	6,228	-482	3,519	2,866	5,245	2,379	641	-55	696
Cleveland, TN Metro Area	9,195	1,074	12,549	11,475	1,088	8,139	7,051	58	1,406	1,348	920	170	750	750
Cleveland-Elyria, OH Metro Area	-28,828	14,479	212,523	198,044	-42,445	36,318	-78,763	-5,346	539	22,003	21,464	-5,817	1,433	-7,250
Coeur d'Alene, ID Metro Area	27,231	4,026	16,346	12,320	23,102	-645	23,747	312	1,815	1,503	4,159	-118	4,277	4,277
College Station-Bryan, TX Metro Area	36,060	16,008	28,760	12,752	19,989	12,665	7,324	3,393	1,511	3,041	1,530	1,883	1,063	820
Colorado Springs, CO Metro Area	100,179	47,495	87,988	40,493	52,570	11,220	41,350	8,589	4,645	9,688	5,043	3,922	523	3,399
Columbia, MO Metro Area	17,775	9,826	22,230	12,404	7,970	5,743	2,227	1,427	897	2,324	1,427	534	534	0
Columbia, SC Metro Area	70,964	25,002	86,594	61,592	46,188	13,450	32,738	6,743	1,841	9,110	7,269	4,913	1,440	3,473
Columbus, GA-AL Metro Area	12,570	15,057	42,452	27,395	-3,121	7,830	-10,951	2,837	1,184	4,313	3,129	1,658	358	1,300
Columbus, IN Metro Area	6,996	2,922	9,717	6,795	4,104	3,974	130	1,057	281	1,015	734	780	629	151
Columbus, OH Metro Area	220,263	108,626	251,291	142,665	112,154	58,853	53,301	18,077	10,392	27,096	16,704	7,778	4,032	3,746
Corpus Christi, TX Metro Area	23,999	21,115	53,060	31,945	2,943	5,884	-2,941	327	1,822	5,382	3,560	-1,497	392	-1,899
Corvallis, OR Metro Area	7,472	1,494	6,730	5,236	5,963	4,555	1,408	611	117	701	584	499	331	168
Crestview-Fort Walton Beach-Destin, FL Metro Area	48,939	10,408	31,828	21,420	38,062	3,974	34,088	7,143	814	3,472	2,658	6,294	81	6,213
Cumberland, MD-WV Metro Area	-5,988	-2,669	8,748	11,417	-3,284	583	-3,867	-328	889	1,217	-279	38	31	-217
Dallas-Fort Worth-Arlington, TX Metro Area	1,206,599	517,590	903,051	385,461	686,884	237,927	448,957	117,380	50,600	97,911	47,311	66,665	20,064	46,601
Dallas-Plano-Irving, TX Metro Division	853,089	361,268	605,866	244,598	489,576	177,656	311,920	85,107	35,643	65,907	30,264	49,315	15,177	34,138
Fort Worth-Arlington-Grapevine, TX Metro Division	353,510	156,322	297,185	140,863	197,308	60,271	137,037	32,273	14,957	32,004	17,047	17,350	4,887	12,463
Dalton, GA Metro Area	2,491	16,422	10,873	-4,009	625	-4,634	532	527	1,780	1,253	8	62	62	-54
Danville, IL Metro Area	-5,867	484	9,452	8,968	-6,361	214	-6,575	-944	-27	918	945	-918	19	-937
Daphne-Fairhope-Foley, AL Metro Area	40,969	1,650	20,641	18,991	38,880	1,343	37,537	5,379	-22	2,304	2,326	5,377	80	5,297
Davenport-Moline-Rock Island, IA-IL Metro Area	-509	8,550	43,301	34,751	-8,953	5,209	-14,162	-872	560	4,349	3,789	-1,425	362	-1,787
Dayton-Kettering, OH Metro Area	8,331	10,890	88,783	77,893	-2,113	13,473	-15,586	2,523	885	9,391	8,506	1,681	785	896
Decatur, AL Metro Area	-1,224	915	16,512	15,597	-2,051	998	-3,049	459	7	1,751	1,744	464	110	354
Decatur, IL Metro Area	-6,768	1,045	12,367	11,322	-7,840	463	-8,303	34	-495	35	1,258	1,223	34	-564
Deltona-Daytona Beach-Ormond Beach, FL Metro Area	78,077	-21,838	52,064	73,902	99,352	11,264	88,088	10,179	-2,823	5,740	8,563	12,953	441	12,512
Denver-Aurora-Lakewood, CO Metro Area	423,631	162,267	320,151	157,884	257,992	61,997	195,995	35,574	14,935	34,138	19,203	20,531	7,266	13,265
Des Moines-West Des Moines, IA Metro Area	92,818	40,673	85,530	44,857	51,899	11,716	40,183	8,377	4,136	9,311	5,175	4,237	519	3,718
Detroit-Warren-Dearborn, MI Metro Area	23,402	84,753	462,696	377,943	-61,318	110,907	-172,225	-2,455	6,728	48,879	42,151	-9,139	7,516	-16,655
Detroit-Dearborn-Livonia, MI Metro Division	-71,130	48,443	215,688	167,245	-121,285	38,142	-159,427	-5,110	4,381	22,766	18,385	-9,519	2,533	-12,052
Warren-Troy-Farmington Hills, MI Metro Division	94,532	36,310	247,008	210,698	59,967	72,765	-12,798	2,655	2,347	26,113	23,766	380	4,983	-4,603
Dothan, AL Metro Area	3,718	1,157	16,420	15,263	2,667	213	2,454	1,109	34	1,749	1,715	1,080	3	1,077
Dover, DE Metro Area	18,436	6,171	20,448	14,277	12,260	2,127	10,133	2,246	370	2,127	1,757	1,774	62	1,812
Dubuque, IA Metro Area	3,668	2,707	11,009	8,302	1,034	815	219	60	389	1,136	907	166	60	106
Duluth, MN-WI Metro Area	-1,904	-1,025	26,864	27,889	-609	1,537	-2,146	-528	-270	2,746	3,016	-243	76	-319
Durham-Chapel Hill, NC Metro Area	80,174	25,573	65,747	40,174	54,198	19,005	35,193	6,866	2,122	7,029	4,907	4,734	1,848	2,886
East Stroudsburg, PA Metro Area	430	72	13,202	13,130	344	2,408	-2,064	977	-73	1,545	1,618	1,064	153	911
Eau Claire, WI Metro Area	7,921	4,752	17,465	12,713	3,273	1,041	2,232	840	476	1,808	1,332	370	95	275
El Centro, CA Metro Area	6,691	18,410	27,894	9,484	-11,851	2,063	-13,914	-308	1,649	2,728	1,079	-1,967	33	-2,000
Elizabethtown-Fort Knox, KY Metro Area	5,597	6,204	18,197	11,993	-784	2,157	-2,941	727	506	1,888	1,382	227	-76	303
Elkhart-Goshen, IN Metro Area	8,772	13,069	28,381	15,312	-4,216	985	-5,201	724	1,385	3,054	1,669	-661	209	870
Elmira, NY Metro Area	-5,391	94	8,887	8,793	-5,499	356	-5,855	-479	-84	859	943	-394	17	-411
El Paso, TX Metro Area	40,015	74,054	121,572	47,518	-34,305	18,153	-52,458	2,511	6,085	11,654	5,569	-3,575	225	-3,800
Enid, OK Metro Area	476	2,377	8,684	6,307	-1,882	1,641	-3,523	-39	243	864	621	-283	147	-430
Erie, PA Metro Area	-10,856	2,456	28,804	26,348	-13,316	5,680	-18,996	-1,816	54	2,855	2,801	-1,872	525	-2,397
Eugene-Springfield, OR Metro Area	30,362	588	32,589	32,001	29,917	5,052	24,865	3,518	-206	3,425	3,631	3,717	230	3,487
Evansville, IN-KY Metro Area	4,334	34,097	29,763	-558	1,942	-2,500	426	161	3,448	3,287	279	274	5	5
Fairbanks, AK Metro Area	-736	11,008	15,436	4,428	-11,928	2,339	-14,267	-1,716	1,027	1,533	506	-2,747	16	-2,763
Fargo, ND-MN Metro Area	37,368	16,854	30,570	13,716	20,299	6,674	13,625	1,834	1,793	3,362	1,569	48	516	468
Farmington, NM Metro Area	-6,087	6,996	16,172	9,176	-13,162	109	-13,271	-1,541	301	1,410	1,109	-1,849	-12	-1,837
Fayetteville, NC Metro Area	45,708	42,745	77,225	34,480	1,623	14,235	-12,612	4,258	3,985	8,096	4,111	271	363	-92
Fayetteville-Springdale-Rogers, AR Metro Area	94,783	32,777	64,207	31,430	61,505	10,695	50,810	9,665	3,594	7,154	3,560	6,043	266	5,777

Estimates of the Components of Resident Population Change for Metropolitan Statistical Areas in the United States: April 1, 2010 to July 1, 2019

Geographic Area	Cumulative Estimates of the Components of Population Change						Annual Estimates of the Components of Population Change							
	April 1, 2010 to July 1, 2019						July 1, 2018 to July 1, 2019							
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			
			Births	Deaths	Total	International <sup>2</sup>			Domestic	Births	Deaths	Total	International <sup>2</sup>	Domestic
Flagstaff, AZ Metro Area	9,050	7,792	15,157	7,365	1,238	1,311	-73	953	612	1,513	901	338	25	313
Flint, MI Metro Area	-19,974	4,066	45,082	41,016	-24,248	1,840	-26,088	-875	43	4,600	4,557	-909	117	-1,026
Florence, SC Metro Area	-665	1,762	23,172	21,410	-2,246	819	-3,065	-125	-47	2,351	2,398	-69	128	-197
Florence-Muscle Shoals, AL Metro Area	833	-2,523	14,204	16,727	3,481	767	2,714	362	-349	1,506	1,855	719	108	611
Fond du Lac, WI Metro Area	1,780	1,399	10,048	8,649	432	1,265	-833	402	157	1,068	911	253	74	179
Fort Collins, CO Metro Area	57,269	11,605	31,320	19,715	45,121	4,487	40,634	6,239	1,042	3,337	2,295	5,175	537	4,638
Fort Smith, AR-OK Metro Area	2,128	5,187	29,653	24,466	-2,941	1,267	-4,208	70	559	3,228	2,669	-482	-24	-458
Fort Wayne, IN Metro Area	24,637	20,290	51,797	31,507	4,659	5,989	-1,330	4,137	2,090	5,564	3,474	2,059	759	1,300
Fresno, CA Metro Area	68,594	80,755	142,608	61,853	-11,772	9,639	-21,411	7,151	7,039	14,506	7,467	131	479	-348
Gadsden, AL Metro Area	-2,161	-1,921	10,979	12,900	-142	273	-415	-343	-312	1,175	1,487	-25	37	-62
Gainesville, FL Metro Area	24,052	7,889	31,837	23,948	16,211	10,747	5,464	1,195	528	3,366	2,838	661	800	-139
Gainesville, GA Metro Area	24,717	10,762	23,794	13,032	13,974	1,471	12,503	2,903	986	2,586	1,600	1,903	73	1,830
Gettysburg, PA Metro Area	1,581	189	9,396	9,207	1,470	544	926	-53	-53	960	1,013	4	54	-50
Glens Falls, NY Metro Area	-3,798	-1,334	10,739	12,073	-2,387	350	-2,737	-341	-281	1,074	1,355	-53	30	-83
Goldensboro, NC Metro Area	470	4,411	15,461	11,050	-3,928	2,638	-6,566	-106	224	1,608	1,384	-328	214	-542
Grand Forks, ND-MN Metro Area	2,351	5,350	13,041	7,691	-3,007	1,946	-4,953	-951	525	1,395	870	-1,481	96	-1,577
Grand Island, NE Metro Area	2,809	4,006	10,352	6,346	-1,166	2,408	-3,574	77	448	1,111	663	-370	208	-578
Grand Junction, CO Metro Area	7,477	3,078	16,342	13,264	4,431	4,604	-173	4,604	1,259	1,631	1,515	1,137	-13	1,150
Grand Rapids-Kentwood, MI Metro Area	83,707	55,687	125,556	69,869	28,532	17,629	10,903	6,000	5,392	13,339	7,947	647	1,316	-669
Grants Pass, OR Metro Area	4,768	-3,219	7,810	11,029	7,981	-140	8,121	337	-324	866	1,190	667	-26	693
Great Falls, MT Metro Area	40	2,825	10,524	7,699	-2,753	759	-3,512	-322	269	1,054	785	-589	6	-595
Greeley, CO Metro Area	71,665	22,092	37,587	15,495	49,035	2,484	46,551	9,677	2,504	4,360	1,856	7,141	363	6,778
Green Bay, WI Metro Area	16,665	13,646	36,179	22,533	3,288	3,355	-67	1,522	1,359	3,759	2,400	171	178	-7
Greensboro-High Point, NC Metro Area	47,928	17,401	79,920	62,519	31,027	12,830	18,197	5,378	1,171	8,520	7,349	4,239	1,182	3,057
Greenville, NC Metro Area	12,566	7,944	19,462	11,518	4,658	1,371	3,287	1,167	621	2,053	1,432	545	101	444
Greenville-Anderson, SC Metro Area	96,446	21,138	96,861	75,723	75,133	13,917	61,216	13,449	1,764	10,516	8,752	11,656	1,825	9,831
Gulfport-Biloxi, MS Metro Area	29,074	10,483	46,703	36,220	18,654	5,595	13,059	2,979	758	4,842	4,084	2,219	173	2,046
Hagerstown-Martinsburg, MD-WV Metro Area	18,958	4,626	29,793	25,167	14,324	1,742	12,582	2,382	279	3,174	2,895	2,108	14	2,094
Hammond, LA Metro Area	13,649	6,635	17,863	11,228	7,015	508	6,507	921	570	1,953	1,383	351	1	350
Hanford-Corcoran, CA Metro Area	-34	14,271	21,880	7,609	-14,649	695	-15,344	1,558	1,434	2,321	887	123	-74	197
Harrisburg-Carlisle, PA Metro Area	28,497	11,803	60,274	48,471	17,028	2,408	3,792	1,071	6,430	5,359	2,749	1,084	1,665	655
Harrisonburg, VA Metro Area	9,743	4,037	13,181	9,144	5,728	4,229	1,499	215	380	1,435	1,055	-169	257	-426
Hartford-East Hartford-Middletown, CT Metro Area	-7,594	13,025	11,020	97,184	-20,759	47,395	-68,154	-1,262	633	11,508	10,875	-910	4,140	-6,050
Hattiesburg, MS Metro Area	6,431	6,332	20,737	14,405	32	1,356	-1,324	557	609	2,158	1,549	-54	190	-244
Hickory-Lenoir-Morganton, NC Metro Area	3,917	-1,716	34,817	36,533	5,910	2,924	2,986	1,262	-424	3,691	4,115	1,703	356	1,347
Hilton Head Island-Bluffton, SC Metro Area	35,185	5,746	21,847	16,101	29,093	3,536	25,557	4,172	266	2,289	2,023	3,884	244	3,640
Hinesville, GA Metro Area	3,065	11,489	15,546	4,057	-8,903	2,563	-11,466	1,297	1,134	1,631	497	165	-44	209
Homosassa Springs, FL Metro Area	8,427	-13,385	9,689	23,074	21,756	331	21,425	1,975	-1,640	1,066	2,706	3,601	-18	3,619
Hot Springs, AR Metro Area	3,387	-2,502	10,186	12,688	5,924	-10	5,934	420	-276	1,071	1,347	699	-27	726
Houma-Thibodaux, LA Metro Area	-110	8,581	26,337	17,756	-8,622	1,553	-10,175	-1,069	591	2,623	2,032	-1,659	49	-1,708
Houston-The Woodlands-Sugar Land, TX Metro Area	1,145,654	540,027	889,610	349,583	602,610	333,553	269,057	89,994	52,016	95,261	43,245	37,893	30,746	7,147
Huntington-Ashland, WV-KY-OH Metro Area	-15,026	-3,285	37,621	40,906	-11,546	359	-11,905	-3,196	-808	3,608	4,416	-2,388	-70	-2,318
Huntsville, AL Metro Area	54,231	13,388	47,880	34,492	40,771	4,833	35,938	8,643	1,087	5,256	4,169	7,528	262	7,266
Idaho Falls, ID Metro Area	18,199	13,197	22,463	9,266	5,038	222	4,816	3,094	1,350	2,402	1,052	1,741	-34	1,775
Indianapolis-Carmel-Anderson, IN Metro Area	186,462	97,491	246,099	148,608	89,578	43,502	46,076	22,169	9,622	26,300	16,678	12,590	6,394	6,196
Iowa City, IA Metro Area	20,519	10,606	19,234	8,628	9,929	2,067	7,862	498	1,015	2,005	990	-520	477	-997
Ithaca, NY Metro Area	588	1,506	7,735	6,229	-981	6,686	-7,667	-239	106	742	636	-350	447	-797
Jackson, MI Metro Area	-1,723	1,215	16,506	15,291	-2,843	698	-3,541	-56	120	1,743	1,623	-170	30	-200
Jackson, MS Metro Area	7,691	21,259	70,872	49,613	-13,741	4,965	-18,706	-2,570	1,480	7,091	5,611	-4,062	457	-4,519
Jackson, TN Metro Area	-1,067	1,711	20,312	18,601	-2,675	730	-3,405	123	329	2,101	1,978	214	92	122
Jacksonville, FL Metro Area	213,920	52,866	167,526	114,660	160,572	34,089	126,483	26,851	4,503	18,592	14,089	22,302	2,251	20,051
Jacksonville, NC Metro Area	20,137	29,255	38,784	9,529	-10,285	7,624	-17,909	1,023	2,857	3,951	1,094	-1,815	-2	-1,813
Janesville-Beloit, WI Metro Area	3,029	4,270	17,881	13,611	-1,131	397	-1,528	480	406	1,877	1,471	81	39	42
Jefferson City, MO Metro Area	1,415	4,291	16,332	12,041	-2,813	962	-3,775	-277	264	1,680	1,416	-540	88	-628
Johnson City, TN Metro Area	4,892	-3,314	18,323	21,637	8,285	1,307	6,978	749	-537	1,869	2,406	1,291	200	1,091
Johnstown, PA Metro Area	-13,503	-4,708	12,304	17,012	-8,837	384	-9,221	-1,257	-509	1,218	1,727	-745	29	-774
Jonesboro, AR Metro Area	12,841	4,763	16,354	11,591	8,072	1,239	6,833	402	402	1,766	1,364	739	43	696
Joplin, MO Metro Area	4,055	5,310	22,013	16,703	-1,152	1,212	-2,364	951	424	2,235	1,811	532	106	426
Kahului-Wailuku-Lahaina, HI Metro Area	12,577	7,138	18,012	10,874	6,138	6,138	-620	388	445	1,834	1,446	65	582	-517
Kalamazoo-Portage, MI Metro Area	14,739	9,446	28,774	19,328	5,485	4,483	1,002	386	801	3,010	2,209	-412	303	-715
Kankakee, IL Metro Area	-3,588	1,946	12,271	10,325	-5,547	530	-6,077	-91	73	1,240	1,167	-163	29	-192
Kansas City, MO-KS Metro Area	148,635	98,218	253,384	155,166	51,716	27,259	24,457	13,563	8,805	26,497	17,692	4,814	2,377	2,437
Kennewick-Richland, WA Metro Area	46,284	23,159	39,288	16,129	23,058	3,571	19,487	4,323	2,224	4,151	1,927	2,100	316	1,784
Killeen-Temple, TX Metro Area	54,995	43,397	68,686	25,289	11,142	13,598	-2,456	9,031	4,057	7,039	2,982	4,937	125	4,812
Kingsport-Bristol, TN-VA Metro Area	-2,291	-9,185	26,943	36,128	7,135	-122	7,257	466	-1,151	2,776	3,927	1,627	-19	1,646
Kingston, NY Metro Area	-4,946	-1,139	14,405	15,544	-3,751	2,456	-6,207	-845	-310	1,433	1,743	-529	148	-677

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	April 1, 2010 to July 1, 2019							July 1, 2018 to July 1, 2019							
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			
			Births	Deaths	Total	International <sup>2</sup>	Domestic			Births	Deaths	Total	International <sup>2</sup>	Domestic	
Knoxville, TN Metro Area	54,021	1,643	84,244	82,601	52,546	7,094	45,452	7,812	-260	8,995	9,255	8,067	985	7,082	
Kokomo, IN Metro Area	-204	153	9,085	8,932	-290	341	-631	287	-4	946	950	298	37	261	
La Crosse-Onalaska, WI-MN Metro Area	2,958	2,447	13,220	10,773	572	341	231	3	171	1,364	1,193	-160	-11	-149	
Lafayette, LA Metro Area	22,474	23,870	62,244	38,374	-1,317	4,234	-5,551	-473	1,726	6,331	4,605	-2,196	222	-2,418	
Lafayette-West Lafayette, IN Metro Area	22,692	10,837	24,792	13,955	11,914	15,527	-3,613	2,064	1,057	2,617	1,560	999	2,091	-1,092	
Lake Charles, LA Metro Area	10,769	7,932	26,736	18,804	2,976	1,153	1,823	219	867	2,983	2,116	-647	54	-701	
Lake Havasu City-Kingman, AZ Metro Area	11,999	-9,685	16,886	26,571	21,585	-1,496	23,081	2,889	-1,623	1,752	3,375	4,478	-246	4,724	
Lakeland-Winter Haven, FL Metro Area	122,704	9,786	69,821	60,035	112,597	23,260	89,337	18,180	806	8,043	7,237	17,311	673	16,638	
Lancaster, PA Metro Area	26,281	20,139	65,415	45,276	6,589	11,759	-5,170	1,972	7,132	5,160	-205	647	-852	-2,408	
Lansing-East Lansing, MI Metro Area	15,707	14,093	54,679	40,586	1,625	19,865	-18,240	1,717	1,125	5,702	4,577	612	1,452	-840	
Laredo, TX Metro Area	26,348	36,433	48,554	12,121	-10,078	7,043	-17,121	1,532	3,357	4,735	1,378	-1,831	377	-2,208	
Las Cruces, NM Metro Area	8,978	12,954	27,022	14,068	-4,004	2,240	-6,244	917	1,015	2,630	1,615	-96	128	-224	
Las Vegas-Henderson-Paradise, NV Metro Area	315,447	105,372	247,787	142,415	208,889	23,319	185,570	40,600	9,129	27,048	17,919	31,283	-360	31,643	
Lawrence, KS Metro Area	11,433	4,907	11,149	6,242	6,564	5,122	1,442	1,150	420	1,107	687	729	387	342	
Lawton, OK Metro Area	-3,873	7,691	17,852	10,161	-11,769	2,831	-14,600	67	523	1,693	1,170	-454	56	-510	
Lebanon, PA Metro Area	8,196	1,613	15,092	13,479	6,716	4,877	1,839	454	77	1,581	1,504	384	124	260	
Lewiston, ID-WA Metro Area	2,097	-293	6,567	6,860	2,421	-204	2,625	118	-38	680	718	161	-47	208	
Lewiston-Auburn, ME Metro Area	568	1,802	11,771	9,969	-1,187	1,143	-2,330	363	124	1,208	1,084	242	92	150	
Lexington-Fayette, KY Metro Area	44,953	21,545	57,894	36,349	23,522	11,848	11,674	2,118	1,933	6,086	4,153	195	259	-64	
Lima, OH Metro Area	-3,962	1,560	11,697	10,137	-5,522	175	-5,697	-374	135	1,214	1,079	-509	-8	-501	
Lincoln, NE Metro Area	34,217	18,243	38,980	20,737	16,106	8,917	7,189	2,574	1,770	4,077	2,307	814	808	6	
Little Rock-North Little Rock-Conway, AR Metro Area	42,594	28,130	88,569	60,439	14,662	7,696	6,966	2,303	2,179	9,010	6,831	143	168	-25	
Logan, UT-ID Metro Area	16,723	17,562	23,357	5,795	-854	2,240	-3,094	2,061	1,730	2,396	666	330	233	97	
Longview, TX Metro Area	6,650	7,553	34,504	26,951	-805	1,888	-2,693	1,342	362	3,364	3,002	992	46	946	
Longview, WA Metro Area	8,185	1,106	11,376	10,270	7,099	265	6,834	1,841	153	1,287	1,134	1,686	22	1,664	
Los Angeles-Long Beach-Anaheim, CA Metro Area	385,842	753,642	1,500,780	747,138	-362,998	377,442	-740,440	-35,080	59,687	149,369	89,682	-94,938	27,228	-122,166	
Anaheim-Santa Ana-Irvine, CA Metro Division	166,703	170,278	348,216	177,938	-1,103	84,009	-85,112	-281	14,888	36,406	21,518	-15,180	6,178	-21,358	
Los Angeles-Long Beach-Glendale, CA Metro Division	219,139	583,364	1,152,564	569,200	-361,895	293,433	-655,328	-34,799	44,799	112,963	68,164	-79,758	21,050	-100,808	
Louisville/Jefferson County, KY-IN Metro Area	62,422	31,671	141,702	110,031	11,536	20,169	11,367	3,085	2,852	14,990	12,138	278	671	-393	
Lubbock, TX Metro Area	31,368	15,696	38,925	23,229	15,616	3,403	12,213	3,018	1,354	4,068	2,714	1,666	252	1,414	
Lynchburg, VA Metro Area	10,912	1,841	26,279	24,438	9,174	5,643	3,531	673	40	2,844	2,804	643	267	376	
Macon-Bibb County, GA Metro Area	-2,249	4,907	27,200	22,293	-7,136	1,769	-8,905	402	41	2,694	2,653	378	143	235	
Madera, CA Metro Area	6,493	11,128	20,999	9,871	-4,704	-383	-4,321	445	1,048	1,060	-603	-139	464	-64	
Madison, WI Metro Area	59,399	28,060	67,559	39,499	31,480	15,600	15,880	4,938	2,535	6,988	4,453	2,406	988	1,418	
Manchester-Nashua, NH Metro Area	16,319	9,873	39,447	29,574	6,672	13,569	-6,897	758	758	4,148	3,390	1,652	1,002	650	
Manhattan, KS Metro Area	3,191	15,192	21,877	6,685	-12,490	7,782	-20,272	-1,413	1,310	2,052	742	-2,728	446	-3,174	
Mankato, MN Metro Area	5,185	3,828	10,317	6,489	1,386	1,510	-124	350	339	1,068	729	12	137	-125	
Mansfield, OH Metro Area	-3,320	-161	12,743	12,904	-3,129	238	-3,367	167	-78	1,319	1,397	251	11	240	
McAllen-Edinburg-Mission, TX Metro Area	93,943	105,539	143,366	37,827	-11,366	11,748	-23,114	6,409	9,457	14,054	4,597	-3,056	-18	-3,038	
Medford, OR Metro Area	17,740	44	21,343	21,299	17,697	-141	17,838	1,533	-74	2,251	2,325	1,611	-41	1,652	
Memphis, TN-MS-AR Metro Area	29,943	64,370	170,921	106,551	-34,521	13,637	-48,158	3,548	5,367	17,720	12,353	-1,816	1,656	-3,472	
Merced, CA Metro Area	21,884	23,063	38,618	15,555	-1,110	463	-1,573	3,529	2,299	4,086	1,787	1,237	-144	1,381	
Miami-Fort Lauderdale-Pompano Beach, FL Metro Area	600,214	178,095	626,897	448,802	422,703	615,283	-192,580	22,651	14,384	67,565	53,181	8,204	58,819	-50,615	
Fort Lauderdale-Pompano Beach-Sunrise, FL Metro Division	204,632	64,099	201,689	137,590	141,901	142,381	-480	6,671	5,797	21,829	16,032	902	13,055	-12,153	
Miami-Miami Beach-Kendall, FL Metro Division	218,947	110,939	291,240	180,301	107,292	390,173	-282,881	2,086	9,100	30,789	21,689	-7,158	38,016	-45,174	
West Palm Beach-Boca Raton-Boynton Beach, FL Metro Division	176,635	3,057	133,968	130,911	173,510	82,729	90,781	13,894	-513	14,947	15,460	14,460	7,748	6,712	
Michigan City-La Porte, IN Metro Area	-1,578	1,109	12,075	10,966	-2,616	81	-2,697	-93	33	1,248	1,215	-120	7	-121	
Midland, MI Metro Area	-465	1,232	7,933	6,701	-1,688	1,160	-2,848	-67	112	855	743	-177	64	-247	
Midland, TX Metro Area	40,932	15,880	26,136	10,256	24,557	3,307	21,250	4,417	1,894	3,084	1,190	2,509	328	2,181	
Milwaukee-Waukesha, WI Metro Area	19,225	59,009	182,815	123,806	-39,097	25,298	-64,395	1,184	5,117	18,927	13,810	-3,863	1,277	-5,140	
Minneapolis-St. Paul-Bloomington, MN-WI Metro Area	306,415	209,124	419,634	210,510	99,485	87,847	11,638	29,982	20,312	44,602	24,290	9,847	6,645	3,202	
Missoula, MT Metro Area	10,304	3,212	11,126	7,914	7,109	1,271	5,838	960	244	1,131	887	715	112	603	
Mobile, AL Metro Area	-1,183	11,538	53,087	41,549	-12,486	4,885	-17,371	-774	841	5,608	4,767	-1,606	280	-1,886	
Modesto, CA Metro Area	36,210	32,649	70,420	37,771	3,879	4,607	-728	2,534	3,076	7,393	4,317	-535	144	-679	
Monroe, LA Metro Area	-4,226	6,291	26,371	20,080	-10,438	779	-11,217	-1,877	363	2,606	2,243	-2,241	44	-2,285	
Monroe, MI Metro Area	-1,531	841	14,053	13,212	-2,352	285	-2,637	326	-22	1,459	1,481	359	-10	369	
Montgomery, AL Metro Area	-1,250	12,067	44,789	32,722	-13,366	4,233	-17,599	268	1,063	4,730	3,667	-792	329	-1,121	
Morgantown, WV Metro Area	9,342	3,498	13,166	9,668	5,765	3,321	2,444	-160	285	1,380	1,095	-440	-26	-414	
Morristown, TN Metro Area	5,891	-1,020	13,994	15,014	6,971	839	6,132	971	-213	1,475	1,688	1,184	72	1,112	
Mount Vernon-Anacortes, WA Metro Area	12,313	2,574	13,426	10,852	9,769	1,610	8,159	1,370	166	1,431	1,265	1,200	170	1,030	
Muncie, IN Metro Area	-3,535	-272	11,071	11,343	-3,241	1,422	-4,663	-162	-106	1,081	1,187	-53	180	-233	
Muskegon, MI Metro Area	1,372	3,782	19,514	15,732	-2,385	547	-2,932	-33	301	2,071	1,770	-330	32	-362	
Myrtle Beach-Conway-North Myrtle Beach, SC-NC Metro Area	120,326	-3,999	38,280	42,279	122,581	2,288	120,293	15,916	-1,429	4,188	5,617	17,201	293	16,944	
Napa, CA Metro Area	1,209	1,784	13,062	11,278	-469	1,157	-1,626	-1,045	-44	1,235	1,279	-998	-13	-985	
Naples-Marco Island, FL Metro Area	63,380	109	29,806	29,697	63,056	20,167	42,889	6,701	-707	3,160	3,867	7,391	1,906	5,485	
Nashville-Davidson--Murfreesboro--Franklin, TN Metro Area	288,134	88,741	216,969	128,228	197,758	39,422	158,336	29,591	9,186	24,308	15,122	20,419	4,937	15,482	

Estimates of the Components of Resident Population Change for Metropolitan Statistical Areas in the United States: April 1, 2010 to July 1, 2019

Geographic Area	Cumulative Estimates of the Components of Population Change								Annual Estimates of the Components of Population Change					
	April 1, 2010 to July 1, 2019								July 1, 2018 to July 1, 2019					
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		
			Births	Deaths	Total	International <sup>2</sup>	Domestic			Births	Deaths	Total	International <sup>2</sup>	Domestic
New Bern, NC Metro Area	-2,524	3,352	15,570	12,218	-5,909	2,182	-8,091	-300	200	1,510	1,310	-491	20	-511
New Haven-Milford, CT Metro Area	-7,685	10,560	81,952	71,392	-18,293	32,843	-51,136	-2,214	625	8,512	7,887	-2,858	2,740	-5,598
New Orleans-Metairie, LA Metro Area	43,608	43,608	145,792	102,184	36,032	20,800	15,232	397	2,990	15,084	12,094	-2,550	1,682	-4,232
New York-Newark-Jersey City, NY-NJ-PA Metro Area	319,905	932,102	2,218,113	1,286,011	-611,662	837,005	-1,448,667	-60,462	76,764	228,660	151,896	-137,415	58,630	-196,045
Nassau County-Suffolk County, NY Metro Division	529	64,201	276,903	212,702	-63,021	50,245	-113,266	-4,839	4,672	29,130	24,458	-9,530	3,253	-12,783
Newark, NJ-PA Metro Division	21,558	75,389	225,372	149,983	-54,178	74,051	-128,229	-1,601	6,750	24,061	17,311	-8,401	5,703	-14,104
New Brunswick-Lakewood, NJ Metro Division	39,552	58,237	250,753	192,516	-18,365	60,896	-79,261	1,687	4,284	26,139	21,855	-2,619	4,185	-6,804
New York-Jersey City-White Plains, NY-NJ Metro Division	258,266	734,275	1,465,085	730,810	-476,098	651,813	-1,127,911	-55,709	61,058	149,330	88,272	-116,865	45,489	-162,354
Niles, MI Metro Area	-3,407	733	16,572	15,839	-4,107	3,175	-7,282	-389	8	1,696	1,688	-392	216	-608
North Port-Sarasota-Bradenton, FL Metro Area	134,683	-26,920	58,378	85,298	160,197	17,686	142,511	16,279	-4,144	6,317	10,461	20,333	1,434	18,899
Norwich-New London, CT Metro Area	-8,864	2,357	24,643	22,286	-11,261	6,111	-17,372	-1,079	-19	2,502	2,521	-1,059	326	-1,385
Ocala, FL Metro Area	34,280	-12,786	31,649	44,435	46,967	4,122	42,845	6,517	-1,667	3,495	5,162	8,151	15	8,136
Ocean City, NJ Metro Area	-5,218	-4,081	7,966	12,047	-1,037	1,060	-2,097	-155	-407	1,299	734	1,666	15	181
Odessa, TX Metro Area	29,087	15,113	26,048	10,935	13,561	2,296	11,265	4,263	1,687	2,915	1,228	2,562	238	2,324
Ogden-Clearfield, UT Metro Area	86,702	63,341	98,076	34,735	23,625	4,772	18,853	10,204	6,365	10,133	3,768	3,835	433	3,402
Oklahoma City, OK Metro Area	155,948	65,613	171,439	105,826	89,914	24,684	65,230	5,539	15,345	17,576	12,037	9,812	1,778	8,034
Olympia-Lacey-Tumwater, WA Metro Area	38,276	9,076	28,792	19,716	29,233	4,982	24,251	4,480	758	3,135	2,377	3,713	362	3,351
Omaha-Council Bluffs, NE-IA Metro Area	84,095	60,276	122,306	62,030	24,322	16,785	7,537	5,917	9,472	12,848	6,931	2,585	1,517	1,068
Orlando-Kissimmee-Sanford, FL Metro Area	473,748	103,875	259,676	155,801	368,588	181,996	186,592	33,309	10,064	29,522	19,458	23,227	9,517	13,710
Oshkosh-Neenah, WI Metro Area	4,907	3,727	17,264	13,537	1,311	1,101	210	651	1,029	286	1,783	1,497	748	683
Owensboro, KY Metro Area	4,694	2,968	14,338	11,370	1,824	1,091	733	561	282	1,516	1,234	283	42	241
Oxnard-Thousand Oaks-Ventura, CA Metro Area	22,608	41,771	93,266	51,495	-18,720	7,250	-25,970	-2,136	2,920	9,161	6,241	-5,053	140	-5,193
Palm Bay-Melbourne-Titusville, FL Metro Area	58,570	-15,771	47,809	63,580	74,263	9,438	64,825	6,739	-2,210	5,258	7,468	8,938	429	8,509
Panama City, FL Metro Area	3,855	3,934	20,996	17,062	1,770	3,938	-2,168	1,770	233	2,222	1,989	-11,803	277	-12,080
Parkersburg-Wienna, WV Metro Area	-3,328	-1,046	9,349	10,395	-2,196	-122	-2,074	-652	-216	916	1,132	-437	-24	-413
Pensacola-Ferry Pass-Brent, FL Metro Area	53,638	10,215	53,258	43,043	43,221	6,040	37,181	8,230	547	5,775	5,228	7,649	136	7,513
Peoria, IL Metro Area	-15,692	7,578	47,244	39,666	-23,246	3,815	-27,061	-2,767	382	4,733	4,351	-3,149	339	-3,488
Philadelphia-Camden-Wilmington, PA-NJ-DE-MD Metro Area	136,757	155,315	658,315	503,000	-14,959	156,632	-171,591	11,226	10,873	68,207	57,334	675	10,719	-10,044
Camden, NJ Metro Division	-7,565	23,704	126,951	103,247	-13,079	16,105	-47,184	833	1,640	13,097	11,457	-760	737	-1,497
Montgomery County-Bucks County-Chester County, PA Metro Division	59,945	28,001	186,504	158,503	33,544	37,079	-3,535	7,352	1,452	19,588	18,136	6,044	3,015	3,029
Philadelphia, PA Metro Division	66,042	83,883	267,807	183,924	-16,558	92,611	-109,169	1,988	6,375	27,440	21,065	-4,276	6,901	-11,177
Wilmington, DE-NJ-PA Metro Division	18,335	19,727	77,053	57,326	-866	10,837	-11,703	1,053	1,406	8,082	6,676	-333	66	-399
Phoenix-Mesa-Chandler, AZ Metro Area	755,074	247,209	540,924	293,715	505,500	106,785	398,715	98,994	20,937	57,290	36,353	77,664	6,007	71,657
Pine Bluff, AR Metro Area	-12,485	188	10,145	9,957	-12,826	182	-13,008	-1,442	-98	963	1,061	-1,346	6	-1,352
Pittsburgh, PA Metro Area	-38,694	-35,527	218,159	253,686	-1,150	30,654	-31,804	-5,053	-4,817	22,570	27,387	-103	2,555	-2,658
Pittsfield, MA Metro Area	-6,330	-3,812	9,885	13,697	-2,447	2,422	-4,869	-957	-467	993	1,460	-487	175	-662
Pocatello, ID Metro Area	4,828	5,945	12,890	6,945	-1,126	1,771	-2,897	515	1,115	1,285	770	598	65	533
Portland-South Portland, ME Metro Area	24,392	762	45,771	45,009	23,980	6,493	17,487	3,268	-359	4,834	5,193	3,637	463	3,174
Portland-Vancouver-Hillsboro, OR-WA Metro Area	266,409	96,518	253,110	156,592	169,456	47,983	121,473	19,062	7,746	26,204	18,458	11,334	2,960	8,374
Port St. Lucie, FL Metro Area	65,190	-6,266	39,334	45,600	71,121	8,993	62,128	8,130	-1,187	4,340	5,527	9,292	674	8,618
Poughkeepsie-Newburgh-Middletown, NY Metro Area	8,878	22,759	69,991	47,232	-13,931	7,540	-21,471	3,093	1,978	7,627	5,649	1,154	377	777
Prescott Valley-Flagstaff, AZ Metro Area	24,082	-9,511	17,021	26,532	33,299	303	32,996	3,327	-1,260	1,782	3,042	4,564	-72	4,636
Providence-Warwick, RI-MA Metro Area	23,372	13,788	152,794	139,006	10,512	49,015	-38,503	2,199	993	16,182	15,189	1,270	4,455	-3,185
Provo-Orem, UT Metro Area	121,367	90,108	112,018	21,910	31,402	7,531	23,871	15,103	5,594	12,092	2,498	5,473	973	4,500
Pueblo, CO Metro Area	9,361	1,417	17,214	15,797	8,038	458	7,580	1,002	-26	1,808	1,834	1,033	65	968
Punta Gorda, FL Metro Area	28,943	-13,671	9,494	23,165	42,167	2,281	39,886	4,061	-1,794	1,047	2,841	5,834	160	5,674
Racine, WI Metro Area	883	5,764	21,964	16,200	-4,815	747	-5,562	-46	593	2,257	1,664	-637	-4	-633
Raleigh-Cary, NC Metro Area	260,292	78,009	144,250	66,241	180,756	34,019	146,737	29,195	7,260	15,730	8,470	21,865	3,389	18,476
Rapid City, SD Metro Area	15,707	7,137	16,847	9,710	8,515	1,048	7,467	1,953	625	1,752	1,127	1,318	-22	1,340
Reading, PA Metro Area	9,594	8,976	44,567	35,591	764	13,606	-12,842	635	823	4,708	3,885	-177	694	-871
Redding, CA Metro Area	2,859	-1,229	19,093	20,322	4,297	1,965	2,332	371	-320	1,977	2,297	707	193	514
Reno, NV Metro Area	50,200	14,812	49,609	34,797	35,266	-307	35,573	7,307	1,217	5,270	4,053	6,045	-391	6,436
Richmond, VA Metro Area	105,429	39,426	135,249	95,823	66,135	27,868	38,267	10,847	3,607	14,752	11,145	7,285	1,641	5,644
Riverside-San Bernardino-Ontario, CA Metro Area	425,683	289,072	560,691	271,619	138,230	26,965	111,265	38,089	25,452	58,823	33,371	12,721	465	12,256
Roanoke, VA Metro Area	-2,224	30,071	32,295	6,997	5,798	1,199	4,600	-670	3,040	3,710	883	349	534	
Rochester, MN Metro Area	15,033	12,126	26,680	14,554	3,014	5,386	-2,372	2,107	1,142	2,813	1,671	969	449	520
Rochester, NY Metro Area	-10,060	16,070	105,986	89,916	-25,978	20,870	-46,848	-1,977	983	10,865	9,882	-2,947	885	-3,832
Rockford, IL Metro Area	-13,315	8,421	38,636	30,215	-21,938	3,511	-25,449	-994	664	4,009	3,345	-1,660	331	-1,991
Rocky Mount, NC Metro Area	-6,598	580	15,786	15,206	-7,205	380	-7,585	-308	-25	1,650	1,675	-278	47	-325
Rome, GA Metro Area	2,184	1,210	10,991	9,781	1,035	1,375	-340	534	-7	1,133	1,140	543	152	391
Sacramento-Roseville-Folsom, CA Metro Area	214,580	94,910	252,144	157,234	120,948	51,225	69,723	21,790	7,819	26,752	18,933	13,994	4,053	9,941
Saginaw, MI Metro Area	-9,630	1,529	20,833	19,304	-11,236	1,809	-13,045	-252	50	2,188	2,138	-296	125	-421
St. Cloud, MN Metro Area	12,871	11,239	23,588	12,349	1,686	5,396	-3,710	1,798	1,203	2,577	1,374	606	606	-4
St. George, UT Metro Area	39,441	9,223	20,632	11,409	29,998	100	29,898	5,989	876	2,244	1,368	5,085	57	5,028
St. Joseph, MO-KS Metro Area	-2,096	1,972	14,117	12,145	-4,042	1,720	-5,762	-775	186	1,425	1,239	-959	157	-1,116
St. Louis, MO-IL Metro Area	15,477	68,389	310,273	241,884	-52,131	32,872	-85,003	-730	4,017	31,686	27,669	-4,694	2,991	-7,685

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Geographic Area	Cumulative Estimates of the Components of Population Change							Annual Estimates of the Components of Population Change							
	April 1, 2010 to July 1, 2019							July 1, 2018 to July 1, 2019							
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			
			Births	Deaths	Total	International <sup>2</sup>	Domestic			Births	Deaths	Total	International <sup>2</sup>	Domestic	
Salem, OR Metro Area	43,165	17,354	48,852	31,498	26,003	2,479	23,524	3,499	1,662	5,258	3,596	1,840	73	1,767	
Salinas, CA Metro Area	19,002	35,696	58,879	23,183	-16,579	3,403	-19,982	111	3,055	5,797	2,742	-2,940	-90	-2,850	
Salisbury, MD-DE Metro Area	41,972	-505	38,714	39,219	42,177	4,614	37,563	5,727	-629	4,170	4,799	6,327	162	6,165	
Salt Lake City, UT Metro Area	144,888	109,213	171,087	61,874	36,389	31,265	5,124	14,015	10,461	17,555	7,094	3,586	3,667	-81	
San Angelo, TX Metro Area	9,059	4,943	14,767	9,824	4,081	492	3,589	1,193	425	1,525	1,100	766	-46	812	
San Antonio-New Braunfels, TX Metro Area	408,440	146,693	300,032	153,339	259,857	45,348	214,509	38,581	14,041	32,592	18,551	24,491	2,504	21,987	
San Diego-Chula Vista-Carlsbad, CA Metro Area	242,981	204,933	398,611	193,678	40,821	107,098	-66,277	4,469	17,551	40,603	23,052	-12,998	6,733	-19,731	
San Francisco-Oakland-Berkeley, CA Metro Area	396,210	202,172	477,380	275,208	194,735	231,599	-36,864	5,489	17,174	50,140	32,966	-11,590	19,996	-31,586	
Oakland-Berkeley-Livermore, CA Metro Division	265,393	131,117	291,168	160,051	134,876	130,281	4,595	7,580	11,276	30,698	19,422	-3,667	11,456	-15,123	
San Francisco-San Mateo-Redwood City, CA Metro Division	124,421	67,587	164,991	97,404	56,780	95,790	-39,010	-1,255	5,747	17,293	11,546	-6,939	8,108	-15,047	
San Rafael, CA Metro Division	6,396	3,468	21,221	17,753	3,079	5,528	-2,449	-836	151	2,149	1,998	-984	432	-1,416	
San Jose-Sunnyvale-Santa Clara, CA Metro Area	153,709	126,304	220,891	94,587	28,415	152,520	-124,105	-3,144	10,905	22,487	11,582	-14,124	13,371	-27,495	
San Luis Obispo-Paso Robles, CA Metro Area	13,514	2,358	24,056	21,698	11,234	925	10,309	-243	23	2,488	2,465	-252	-7	-245	
Santa Cruz-Watsonville, CA Metro Area	10,863	10,582	26,748	16,166	384	1,760	-1,376	-628	655	2,540	1,885	-1,280	59	-1,339	
Santa Fe, NM Metro Area	6,126	1,686	12,092	10,406	4,578	2,090	2,488	597	-2	1,189	1,191	605	63	542	
Santa Maria-Santa Barbara, CA Metro Area	22,552	23,723	52,100	28,377	-925	9,058	-9,983	719	2,102	5,390	3,288	-1,371	553	-1,924	
Santa Rosa-Petaluma, CA Metro Area	10,475	8,237	45,881	37,644	2,497	3,206	-709	-4,307	130	4,509	4,379	-4,437	97	-4,534	
Savannah, GA Metro Area	45,756	19,377	47,201	27,824	26,251	6,261	19,990	3,900	1,579	4,885	3,306	2,345	331	2,014	
Scranton--Wilkes-Barre, PA Metro Area	-9,719	-12,308	52,222	64,530	3,012	14,117	-11,105	-1,330	-1,267	5,537	6,804	-40	1,130	-1,170	
Seattle-Tacoma-Bellevue, WA Metro Area	540,037	201,727	426,466	224,739	338,123	198,637	139,486	44,666	19,628	46,679	27,051	25,048	21,247	3,801	
Seattle-Bellevue-Kent, WA Metro Division	430,279	155,468	321,252	165,784	274,525	183,553	90,972	33,442	15,414	35,181	19,767	18,056	20,199	-2,143	
Tacoma-Lakewood, WA Metro Division	109,758	46,259	105,214	58,955	63,598	15,084	48,514	4,214	11,498	7,284	6,992	1,048	1,048	5,944	
Sebastian-Vero Beach, FL Metro Area	21,895	-6,260	11,703	17,963	27,992	2,343	25,649	2,736	-894	1,283	2,177	3,612	205	3,407	
Spring-Brickwood Park, FL Metro Area	7,437	-5,745	8,302	14,047	13,232	3,261	9,971	1,288	-773	854	1,627	2,057	258	1,799	
Sherman-DeWitt, WI Metro Area	-172	1,572	11,653	10,081	-1,697	754	-2,451	107	147	1,226	1,079	-35	41	-76	
Sherman-DeWitt, TX Metro Area	15,335	1,360	14,334	12,974	14,009	1,313	12,696	2,425	136	1,630	1,494	2,283	90	2,193	
Shreveport-Bossier City, LA Metro Area	-3,900	14,744	52,173	37,429	-18,770	2,461	-21,231	-2,575	770	4,920	4,150	-3,344	57	-3,401	
Sierra Vista-Douglas, AZ Metro Area	-5,437	2,604	14,452	11,848	-8,272	2,499	-10,771	-489	36	1,348	1,312	-529	66	-595	
Sioux City, IA-NE-SD Metro Area	1,119	7,700	11,846	11,846	-6,632	2,085	-8,717	914	816	2,012	1,196	105	122	-17	
Sioux Falls, SD Metro Area	39,968	19,508	35,744	16,236	20,333	6,431	13,902	4,422	2,108	3,931	1,823	2,307	260	2,047	
South Bend-Mishawaka, IN-MI Metro Area	4,410	8,202	36,905	28,703	-3,668	5,192	-8,860	916	936	3,925	2,989	-13	797	-810	
Spartanburg, SC Metro Area	35,481	6,361	33,877	27,516	29,139	1,679	27,460	5,648	719	3,897	3,178	4,914	242	4,672	
Spokane-Spokane Valley, WA Metro Area	53,769	14,182	59,155	44,973	39,814	6,035	33,779	9,694	1,027	6,314	5,287	8,637	486	8,151	
Springfield, IL Metro Area	-3,302	3,309	22,393	19,084	-6,530	2,178	-8,708	-1,060	95	2,323	2,228	-1,158	199	-1,357	
Springfield, MA Metro Area	4,323	4,448	63,385	58,937	-85	30,334	-30,419	-2,756	-71	6,474	6,545	-2,685	959	-3,644	
Springfield, MO Metro Area	33,544	13,234	52,176	38,942	20,399	2,408	17,991	4,027	1,068	5,478	4,410	2,957	220	2,737	
Springfield, OH Metro Area	-4,256	-1,117	14,729	15,846	-3,061	459	-3,520	-445	-107	1,554	1,661	-332	23	-355	
State College, PA Metro Area	8,380	2,310	11,320	9,010	6,069	9,416	-3,347	-216	42	1,147	1,105	-266	835	-1,101	
Staunton, VA Metro Area	4,624	-682	11,545	12,227	5,343	1,059	4,284	-127	1,229	1,356	623	99	492	524	
Stockton, CA Metro Area	76,842	44,384	93,390	49,006	32,797	10,082	22,715	9,657	4,137	9,975	5,838	5,529	687	4,842	
Sumter, SC Metro Area	-1,968	3,100	16,598	13,498	-5,029	1,120	-6,149	315	162	1,645	1,483	161	88	73	
Syracuse, NY Metro Area	-14,031	11,737	66,531	54,794	-25,820	13,114	-38,934	-1,688	895	6,827	5,932	-2,588	885	-3,473	
Tallahassee, FL Metro Area	18,456	12,475	37,381	24,906	5,788	6,407	-619	2,909	1,066	3,955	2,889	1,848	465	1,383	
Tampa-St. Petersburg-Clearwater, FL Metro Area	411,346	12,252	294,083	281,831	397,215	104,814	292,401	40,182	-1,691	32,154	33,845	41,798	7,171	34,627	
Terre Haute, IN Metro Area	-3,407	978	20,086	19,108	-4,333	1,587	-5,920	-359	39	2,079	2,040	-396	215	-611	
Texarkana, TX-AR Metro Area	-433	2,625	17,822	15,197	-2,981	158	-3,139	-586	80	1,773	1,693	-662	-14	-648	
The Villages, FL Metro Area	39,000	-10,573	4,311	14,884	48,895	-134	49,029	3,701	-1,539	478	2,017	5,212	-57	5,269	
Toledo, OH Metro Area	-9,619	12,412	71,848	59,436	-22,094	5,646	-27,740	-1,273	804	7,428	6,624	-2,069	270	-2,339	
Topeka, KS Metro Area	-1,891	4,737	26,664	21,927	-6,550	1,618	-8,168	-297	250	2,590	2,340	-541	132	-673	
Trenton-Princeton, NJ Metro Area	-55	11,634	38,444	26,810	-11,831	16,366	-28,197	-758	1,034	4,021	2,987	-1,815	1,182	-2,997	
Tucson, AZ Metro Area	67,016	21,542	107,047	85,505	46,336	22,079	24,257	10,725	692	10,891	10,199	10,005	1,204	8,801	
Tulsa, OK Metro Area	61,103	35,371	121,193	85,822	26,210	14,415	11,795	5,491	2,558	12,440	9,882	2,972	1,257	1,715	
Tuscaloosa, AL Metro Area	12,833	6,871	27,624	20,753	5,911	2,721	3,190	790	541	2,922	2,381	256	232	24	
Twin Falls, ID Metro Area	11,694	6,569	14,844	8,275	5,159	2,539	2,620	1,195	632	1,562	930	568	158	410	
Tyler, TX Metro Area	23,026	9,252	28,191	18,939	13,822	2,131	11,691	3,002	792	2,969	2,177	2,212	92	2,120	
Urban Honolulu, HI Metro Area	21,357	50,711	121,272	70,561	-28,785	46,111	-74,896	-5,295	3,418	12,013	8,595	-8,691	3,736	-12,427	
Utica-Rome, NY Metro Area	-9,339	31	29,641	29,610	-9,340	5,250	-14,590	-1,197	-107	3,042	3,149	-1,090	265	-1,355	
Valdosta, GA Metro Area	7,630	7,791	18,666	10,875	-341	2,056	-2,397	1,149	616	1,934	1,318	536	127	409	
Vallejo, CA Metro Area	34,300	18,081	47,682	29,601	16,528	6,691	9,837	1,918	1,377	5,088	3,711	557	280	277	
Victoria, TX Metro Area	5,739	4,340	12,404	8,064	1,389	546	843	276	350	1,247	897	-71	24	-95	
Vineyard-Bridgeton, NJ Metro Area	-7,100	4,541	18,338	13,797	-11,725	3,190	-14,915	-1,108	322	1,757	1,435	-1,435	74	-1,509	
Virginia Beach-Norfolk-Newport News, VA-NC Metro Area	54,946	78,552	209,617	131,065	-23,410	36,319	-59,729	5,188	6,309	21,589	15,280	-1,032	1,165	-2,197	
Visalia, CA Metro Area	24,013	41,985	69,462	27,477	-17,932	-636	-17,296	1,606	3,823	7,032	3,209	-2,230	-270	-1,960	
Waco, TX Metro Area	21,154	12,895	33,987	21,092	8,384	2,630	5,754	2,493	1,249	3,646	2,397	1,244	161	1,083	
Walla Walla, WA Metro Area	1,979	842	6,100	5,258	1,163	136	1,027	145	35	610	575	113	-15	128	
Warner Robins, GA Metro Area	17,783	8,835	21,567	12,732	8,970	2,828	6,142	2,523	730	2,297	1,567	1,799	152	1,647	

Estimates of the Components of Resident Population Change for Metropolitan Statistical Areas in the United States: April 1, 2010 to July 1, 2019

Geographic Area	Cumulative Estimates of the Components of Population Change							Annual Estimates of the Components of Population Change						
	April 1, 2010 to July 1, 2019							July 1, 2018 to July 1, 2019						
	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration			Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		
			Births	Deaths	Total	International <sup>2</sup>	Domestic			Births	Deaths	Total	International <sup>2</sup>	Domestic
Washington-Arlington-Alexandria, DC-VA-MD-WV Metro Area	630,799	428,108	743,898	315,790	200,650	326,958	-126,308	32,646	39,384	78,147	38,763	-6,771	22,977	-29,748
Frederick-Gaithersburg-Rockville, MD Metro Division	105,548	75,081	145,718	70,637	30,709	78,342	-47,633	6,814	6,901	15,104	8,203	-119	6,024	-6,143
Washington-Arlington-Alexandria, DC-VA-MD-WV Metro Division	525,251	353,027	598,180	245,153	169,941	248,616	-78,675	25,832	32,483	63,043	30,560	-6,652	16,953	-23,605
Waterloo-Cedar Falls, IA Metro Area	703	5,008	19,377	14,369	-4,194	2,815	-7,009	-414	491	2,055	1,564	-899	211	-1,110
Watertown-Fort Drum, NY Metro Area	-6,398	10,875	19,170	8,295	-17,420	3,033	-20,453	-2,032	994	1,913	919	-3,026	-45	-2,981
Wausau-Weston, WI Metro Area	481	3,423	17,162	13,739	-2,856	612	-3,468	191	337	1,744	1,407	-142	66	-208
Weirton-Steubenville, WV-OH Metro Area	-8,381	-5,260	10,356	15,616	-3,005	-176	-2,829	-908	-580	1,079	1,659	-322	-50	-272
Wenatchee, WA Metro Area	9,742	4,326	13,383	9,057	5,489	666	4,823	1,128	381	1,393	1,012	750	48	702
Wheeling, WV-OH Metro Area	-9,009	-4,101	13,249	17,350	-4,802	-57	-4,745	-1,111	-545	1,285	1,830	-560	-27	-533
Wichita, KS Metro Area	17,157	29,769	81,503	51,734	-12,358	9,096	-21,454	2,699	2,325	8,057	5,732	397	688	-291
Wichita Falls, TX Metro Area	-220	2,932	17,382	14,450	-3,110	3,283	-6,393	299	101	1,730	1,629	203	167	36
Williamsport, PA Metro Area	-2,803	-325	11,394	11,719	-2,439	602	-3,041	-567	-187	1,133	1,320	-379	65	-444
Wilmington, NC Metro Area	42,654	4,489	26,461	21,972	37,745	1,521	36,224	3,260	254	2,844	2,590	2,996	124	2,872
Winchester, VA-WV Metro Area	12,114	3,266	14,270	11,004	8,878	1,826	7,052	1,074	221	1,492	1,271	856	75	781
Winston-Salem, NC Metro Area	35,505	10,063	68,473	58,410	25,813	4,664	21,149	4,879	729	7,271	6,542	4,166	358	3,808
Worcester, MA-CT Metro Area	30,641	16,269	90,296	74,027	14,793	36,326	-21,533	1,291	1,162	9,575	8,413	145	2,272	-2,127
Yakima, WA Metro Area	7,633	19,134	37,137	18,003	-11,510	-269	-11,241	311	1,653	3,746	2,093	-1,340	-137	-1,203
York-Hanover, PA Metro Area	14,043	8,584	45,524	36,940	5,907	5,255	652	1,211	747	4,868	4,121	491	200	291
Youngstown-Warren-Boardman, OH-PA Metro Area	-29,701	-12,813	51,745	64,558	-16,642	2,675	-19,317	-2,145	-1,392	5,450	6,842	-726	25	-751
Yuba City, CA Metro Area	8,741	10,299	23,119	12,820	-1,566	2,723	-4,289	1,734	999	2,416	1,417	737	100	637
Yuma, AZ Metro Area	18,037	14,964	28,472	13,508	2,839	7,552	-4,713	2,175	1,278	2,991	1,713	903	546	357

<sup>1</sup>Total population change includes a residual. This residual represents the change in population that cannot be attributed to any specific demographic component. See Population Estimates Terms and Definitions at <http://www.census.gov/programs-surveys/popest/about/glossary.html>.

<sup>2</sup>Net international migration for the United States includes the international migration of both native and foreign-born populations. Specifically, it includes: (a) the net international migration of the foreign born, (b) the net migration between the United States and Puerto Rico, (c) the net migration of natives to and from the United States, and (d) the net movement of the Armed Forces population between the United States and overseas. Net international migration for Puerto Rico includes the migration of native and foreign-born populations between the United States and Puerto Rico.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. The Office of Management and Budget's statistical area delineations for metropolitan, micropolitan, and combined statistical areas, as well as metropolitan divisions, are those issued by that agency in September 2018. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

**Suggested Citation:**

Estimates of the Components of Resident Population Change for Metropolitan Statistical Areas in the United States: April 1, 2010 to July 1, 2019 (CBSA-MET-EST2019-COMP)

Source: U.S. Census Bureau, Population Division

Release Date: March 2020